



Principal: Mr. Ryan. Marshall  
Elementary Assistant Principal: Mrs. Melissa Kerr  
Junior High Assistant Principal: Mr. Aaron Tuckwood

## **January and February 2017**

### **Principals Message**

Happy New Year to everyone! I trust that you had an enjoyable and restful Christmas break.

Reflecting on December, I would like to say a special thank you all of our staff for the work they put into the Christmas festival. I enjoyed seeing many of our families come through our school to enjoy Christmas caroling, a snowball fight, and numerous crafts. The school was filled with laughter and conversation.

In staffing news, I would like to welcome Ms. Kowalchuk who has joined the Lakeland staff teaching Gr. 6. She is covering for Ms. Cutforth who is eagerly anticipating the arrival of her child.

I would also like to thank all of our hot lunch volunteers. I know that hot lunch is a huge hit with parents, students and staff. Without the countless hours of our volunteers we would not be able to offer hot lunches. A special thank you to Terri Ackroyd, who is the coordinator of all of our hot lunches.

The next school council meeting will be held on Wednesday, January 25. Part of the evening will include getting feedback on our timetable and junior high options as we prepare for the 2017-2018 school year.

And finally, we are only days away from the presentation of Lion King Jr. put on by Wolves Drama. I am extremely proud of the work that our students have put into this production and their hard work is soon to pay off. Special thank you to Mr. White and Mr. Murphy for all of their time that they have put into the performance. Thanks also to the countless number of parents and alumni who have volunteered their time to help with costumes, sets, choreography, etc.

Mr. Ryan Marshall  
Principal

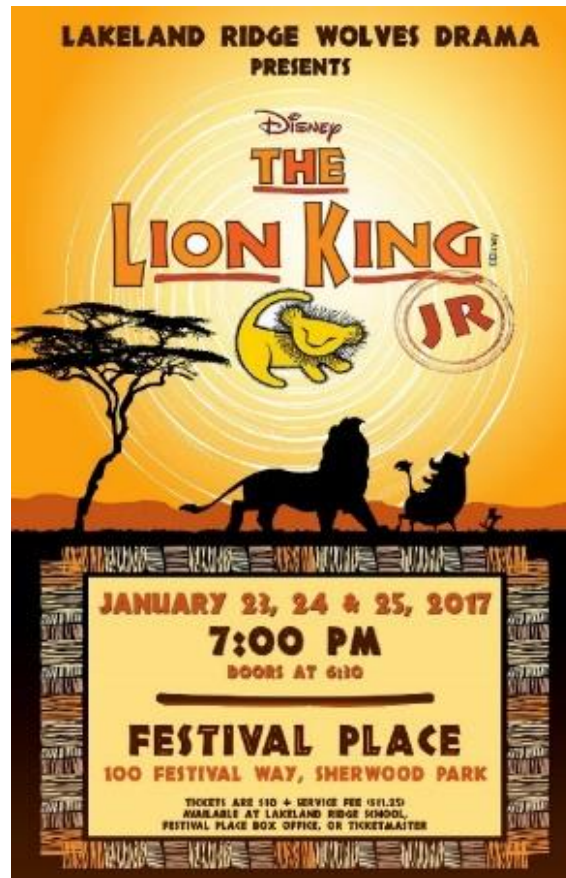
### **Have your say: Take the EIPS Parent Survey**

Elk Island Public Schools (EIPS) is inviting all of our parents and guardians to complete a survey about your experiences with Lakeland Ridge School and the Division.

Annually, EIPS conducts a Parent Survey, which acts as a supplement to Alberta Education's Accountability Pillar survey for families with children in grades 4, 7 and 10. The EIPS Parent Survey is a chance for all EIPS families to share their thoughts on the overall performance of the Division and their school, the quality of education being provided to students and areas for improvement.

The feedback gathered will help the Division measure its progress towards meeting the goals and priorities outlined in the EIPS 2015–2018 Three-Year Education Plan and develop strategies to better serve our students and the wider community.

We encourage all of our families to complete the survey, which only takes a few minutes. Also, if you wish to share the experience of more than one of your children, you can respond to the survey more than once. The survey is open until Jan. 30, 2017. There is a link for the survey on the EIPS website. <http://www.eips.ca>. Please take the survey today.



Looking for a great family night out? Lion King Jr. hits Festival Place Jan 23-25<sup>th</sup>. The shows start at 7:00PM and ends at approximately 8:40PM. There are 3 different casts so each night's performance will be different than the other.

Tickets are available for purchase;

- At the school office for \$11.25 each (cash, cheque payable to Lakeland Ridge, debit) through to January 20/17 upon availability
- Ticketmaster for \$11.25 + **Ticketmaster Service Fee**
- Festival Place Box Office \$11.25

Performances were sold out for last year's production, so get your tickets soon!!

## **Counsellor's Corner**

Self-esteem is a way of thinking or feeling about yourself. This includes the value we place on our own qualities and confidence in our own worth. It is an important part of how individuals see themselves. Self-esteem starts developing when we are very young and can change from day-to-day and year-to-year. Having a healthy self-esteem helps children and teenagers face the challenges in their world. This also helps them with academics, peer relationships, and in extra-curricular activities. Lower self-esteem can result in anxiety, frustration, and a defeatist attitude such as "I'm no good" or "I can't do it so I may as well not even try".

Here are some good reminders on building your child's self-esteem:

- Have reasonable expectations. Begin with the end in mind by helping to set reasonable goals. Provide positive feedback and try to focus on the small victories.
- Be careful what you say and use positive phrases such as "I'm so proud of you" or "You are special". Positively reward effort and completion instead of outcome. Show how much you love them just for who they are.
- Have discussions with your child regarding their thoughts about themselves. Acknowledge their point of view. Identify negative beliefs and help them to be more realistic in evaluating themselves.
- Give your child responsibility and guide them through their choices. This can help to improve their self-worth and a feeling of accomplishment.
- Set a good example and be a positive role model. Nurture your own self-esteem and ensure that you are using positive language about yourself – kids learn a lot from modelling.

## **Supervision Reminders**

Please remember our school is open and supervision provided between 8:00 am and 3:30 pm for all Junior High students.

Elementary students are required to wait outside their designated entrance until 8:20 am when the warning bell sounds. In the event of extreme weather (-23°C or lower with the wind chill) we will allow students into the school and supervision will be provided inside.

## **Emergency Lunches and Cutlery**

We would just like to remind parents and families, that the office will only be providing lunches to students in emergency situations. We appreciate your understanding. In the past couple of months we have had an overwhelming number of students come to the office asking for plastic cutlery. Unfortunately we are no longer able to provide them. They are available for purchase at our school store, for the 10 cents.

## **Cell Phone Policy**

Just a reminder to please review our updated Cell Phone policy located on our website. [www.lakelandridge.ca](http://www.lakelandridge.ca)

## **Inclement Weather**

With the winter season well underway, we want to remind parents to dress children appropriately for the weather when getting ready for school or the bus. The weather often changes unexpectedly throughout the day, so please select suitable outerwear and ensure your child is prepared for changing conditions.

If inclement weather conditions occur, Elk Island Public Schools (EIPS) will advise parents of any bus cancellations using various communications tools including: automated-telephone messages, alerts posted on [www.eips.ca](http://www.eips.ca) and school websites, Twitter, Facebook, local radio stations and on Versatrans My Stop. All morning bus cancellations will be posted on [www.eips.ca](http://www.eips.ca) by 6:30 a.m.

Decisions regarding bus cancellations are guided by EIPS administrative procedures that states: "school bus service may be suspended...[when] Environment Canada reports a temperature of -40 C." Other reasons for suspending or delaying school bus services include adverse weather and poor road condition.

When school bus services are suspended, schools will remain open to students. EIPS believes parents have the right and responsibility to make choices for their children based on their beliefs and perceptions of safety during times of inclement weather.

For more information, contact EIPS Student Transportation at 780-417-8151

## **Student-Led Math Tutoring – January & February**

Happy New Year! Begin 2017 with the end in mind and start preparing for June. If you are struggling in math and would like some extra help, Mrs. Moravec offers a Student-Led Math tutoring program for grades 3-9 at lunch in her classroom, room 231. Bring your lunch and some math to work on with fellow students or Mrs. Moravec. Check the calendar on the announcements board or Mrs. Moravec's e-teacher page for which days tutoring is available during January and February.

## **Library Learning Commons**

Parent Volunteers Needed

Our February **Book Fair** will take place during the week of Student/Parent/Teacher Conferences, from February 21-24. We need some parent volunteers to help make this library fundraiser a success. If you are able to volunteer at the book fair for an hour or two during the evening on Wednesday, February 22<sup>nd</sup>, or Thursday, February 23<sup>rd</sup>, please contact Ms. Lake in the library



## **January Habit 3– Put First things First**

I spend my time on things that are important!

Tip of the month:

I set priorities.

I make a schedule.  
I follow my plan.  
I do my homework first then play.  
I use my time wisely.  
I am on time for my activities.  
Cash for Care Update: \$479.71



### **Band/Guitar**

Grade 8/9: Thank you for your hard work in the first semester. Well done on showcasing your dedication and musical talent! All instrument rentals must be **returned** to the band studio on **January 30** for Ms. Li to check over. To extend your rental, please see Ms. Li.

Grade 7: **Please bring your instrument to class on February 2!** Instrument rentals will be available upon submission of a rental form, which will be handed out on the first day of class.

### **Noon Hour Supervision**

We are looking to hire a noon hour supervisor. Have fun working 1 hour a day with great students! Hours are 12:00PM-1:00PM daily. If you are interested please stop by the school office and pick up an application.

### **2016-2017 Yearbook**

Be sure to check student account on the Parent Portal to ensure you have added the Yearbook to your cart to ensure you are on the list for the 2016-2017 yearbook. Orders will not be accepted after March 15, 2017.



### **Kindergarten Registration began January 16!**

Is your child turning five on or before Dec. 31, 2017? If so, it's now time to register for Kindergarten.

Kindergarten registration opened for the 2017–2018 school year on **Jan. 16, 2017**. To register, bring your completed [Student Registration Form](#) to the school you're enrolling your child in along with proof of your child's name, residence, date of birth and citizenship. If you're registering for Kindergarten at SouthPointe School, the new school in Fort Saskatchewan opening in the 2017–2018 school year, you can submit a registration form to any elementary school in Fort Saskatchewan—the school will make sure your registration package is delivered to the principal at SouthPointe School.

To help families prepare, Elk Island Public Schools has put together an online toolkit to make the transition as smooth as possible. The kit includes information on registration, important

dates, programming options, what to expect, eligibility, how to find your designated school, transportation and more. Find it by visiting <http://www.eips.ca/programs-services/kindergarten>.

Additional information regarding Lakeland Ridge's Kindergarten program, can be found on our school website at [www.lakelandridge.ca](http://www.lakelandridge.ca)

## **Parent Action Society Update**

### Hot Lunch Update

Hot Lunch continues to be a success! We can always use more volunteers for sorting and distribution. If you can help out you can log into the hot lunch website

(<https://lakelandridge.hotlunches.net>) to sign up or email [llrpaschair@gmail.com](mailto:llrpaschair@gmail.com).

### Upcoming Fundraiser – Little Caesars Pizza Kits

Our Little Caesars Pizza Kit fundraiser is coming soon! You will receive an order form and letter home with your child in the coming weeks.

Online ordering will also be available!



### Paint Night

We have had some requests to hold another Paint Night. PAS is happy to host the event if we have someone willing to organize it. If anyone is interested in organizing this event email [llrpaschair@gmail.com](mailto:llrpaschair@gmail.com) and we can get the ball rolling.

As always, if there are events, fundraisers or ideas of how we can contribute to the school, email them to [llrpaschair@gmail.com](mailto:llrpaschair@gmail.com).

Michelle Lyster  
LLRPAS Chair

## **EIPS 2017–2018 Division Calendar: Now Available**

The approved EIPS 2017–2018 school year calendar is now available online. The calendar includes important dates during the 2017–2018 school year including: school-closure dates; holidays; dates for the fall, winter, spring and summer breaks; the first and last day of classes; professional learning days; and early dismissal dates.

Highlights from the 2017–2018 Division calendar include:

- August 30 First day of classes
- November 13-17 Fall Break
- December 25 to January 5 Winter Break
- January 31 Second Semester begins
- February 8-9 Teachers' Convention
- March 26-30 Spring Break

- June 28 Last day of classes
- June 29 Schools close for the Summer Break

To view the 2016–2017 Division calendar and 2017–2018 Division calendar, visit [www.ejps.ca](http://www.ejps.ca). You can also sync the calendar to your own personal calendar for easy reference throughout the year.

\*NOTE: Start and end times for school timetables differ by school so make sure to call your school's office or visit your school's website if you need more information.

### **School Council Report – Jan/Feb 2017**

As they say on *The View*, it's time for "Hot Topics." The next two School Council meetings certainly contain their share.

### **January Meeting: Parent Input Session on 2017-18**

Come share your thoughts and ideas. LLR School Council and Administration are gathering parent input on a variety of topics such as:

- timetable
- bell schedule
- fees
- programming (Leader in Me, Linking Generations, Lighthouse Team)
- special events (e.g., concerts, celebrations, "muffin morning," etc.)
- parent/teacher/student conferences
- School and teacher communication
- inter-murals
- student/class responsibilities
- Phys. Ed/DPA
- extra-curricular clubs/activities
- junior high specific: options (what would be on your kids' wish lists?) and flex blocks

What's working well? What needs improving or changing? Please come prepared for a positive and productive session—ask your kids for their input, too. The LLR administration team will use the feedback as one source of information to guide their plan development.

Other agenda items include information on LLR's discipline policy and an update about the Davidson Creek School boundary review process.

Wednesday, January 25, 2017

6:30 p.m.

LLR School Library

\*\*All attendees will be entered into a draw for 2 free tickets to the North Central Teachers' Convention Association's parent presentation, "Cybersecurity & the Next Generation" with tech expert Amber MacArthur on Feb. 9, 2017, at Festival Place. Tickets are \$10.



**February Meeting: Davidson Creek School – Impact of proposed boundary changes on LLR**

By the time school council meets, the proposed boundary change options will be public knowledge. At this meeting, we'll discuss the various options' impacts on LLR and whether school council needs to establish a position and advocate for a particular option/solution.

**Note: due to parent/teacher conferences and the book fair, February's meeting will be held on a TUESDAY in the staff lounge.**

Tuesday, February 21  
6:30 p.m.  
LLR staff lounge

Remember, all parents/guardians of LLR students are members of School Council and encouraged to attend the meetings ... Free babysitting provided.

Annette Hubick  
[llrschoolcouncil@gmail.com](mailto:llrschoolcouncil@gmail.com)

# Amber MacArthur

## Cybersecurity & The Next Generation:



### 10 Steps to Privacy, Safety, and Citizenship

For parents in the digital age, it's increasingly difficult and stressful to understand the Internet from a young person's perspective. Not only are children more comfortable with technology than adults, but they're also getting better at hiding behind it. Privacy and security policies can't keep up with the speed of new technology, leaving people of all ages vulnerable to threats. And as a result, kids are diving into all sorts of dangerous situations online and adults aren't equipped to save them from drowning.

**7 p.m. Thursday, February 9th**  
**Festival Place, Sherwood Park**

Brought to you by: The North Central Teachers' Convention Association

Tickets are \$10 and available at:



<https://www.eventbrite.ca/e/nctca-2017-parent-night-tickets-28846537771>



## **Attendance Boundaries: New School in Sherwood Park**

One again, thank you to all the parents, students, staff and community members who took the time to complete the online survey for the first phase of the boundary-update process for northeast Sherwood Park. We heard from more than 1,100 people, and we will be sharing the results on our Division website in the new year. The feedback collected is helping us develop attendance-boundary options for the new school in Davidson Creek and surrounding area. The next phase of the process will be public consultations where we'll share various boundary map options for northeast Sherwood Park and ask for feedback from parents, students, staff and community members. Visit [www.eips.ca](http://www.eips.ca) in the new year for details on the upcoming public events.

## **Boundary Exemption Request Process**

Elk Island Public Schools (EIPS) boundary exemption request process for the 2017–2018 school year takes place from February 1 to April 7. The boundary exemption request process is the only time of year EIPS students—in Kindergarten to Grade 12—wishing to attend a non-designated school in the upcoming school year can apply to do so. Interested families must fill out a Boundary Exemption Request Form and submit it directly to their requested school.

The [Boundary Exemption Request Form](#) and additional information about the boundary exemption request process, schools with closed boundaries and frequently asked questions can be found by visiting [www.eips.ca/schools/boundaries/boundary-exemption-request-process](http://www.eips.ca/schools/boundaries/boundary-exemption-request-process).

Final decisions will be made by April 12, 2017.

## **Another way to stay connected: EIPS on Facebook**

Did you know Elk Island Public Schools (EIPS) recently launched a [Facebook](#) page? With 42 school and approximately 17,100 students spread across the Division, there's a wealth of events, activities and stories taking place every day. Using the combination of news articles, videos and photography, the EIPS [Facebook](#) page showcases the latest news, updates, events and alerts taking place across the Division.

Stay in the loop, follow us on [Facebook](#).

*NOTE:* The [Division Facebook account](#) is managed by EIPS Communications Services. The account is updated and monitored intermittently during regular office hours from 8:30 a.m. to 4:30 p.m., Monday to Friday. The Division welcomes feedback and ideas from followers and asks everyone interacting on the EIPS Facebook page to be respectful. Personal attacks and offensive language will not be allowed and may be deleted.





# January 2017

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1	2	3	4	5	6	7
	Christmas Break					
8	9 Day 3 Classes Resume Hot Lunch (Boston Pizza)	10 Day 4 Linking Generations	11 Day 5 Cash4Care  Staff Meeting - Early Dismissal	12 Day 6	13 Day 1	14
15	16 Day 2 Kindergarten Registration Begins	17 Day 3 Linking Generations Evening Visit	18 Day 4	19 Day 5 Dress Like a Lion King Character or Disney Character	20 Day 6 Newsletter	21
	Drama Production at Festival Place					
22	23 Day 1  Hot Lunch (Panago)	24 Day 2	25 Day 3  Parent Council Meeting (6:30)	26 Day 4	27 Day 5	28
29	30 Day 6	31 Day 1 2 <sup>nd</sup> Semester Begins Linking Generations (Extra Visit)	Feb 1 Day 2  Cash4Care Staff Meeting - Early Dismissal	Feb 2 Day 3	Feb 3 Day 4	4
5						

LLR Jr. Basketball Tournament



# February 2017

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		7 Day 3	1 Day 2 Cash4Care Staff Meeting - Early Dismissal Boundry Exception Process (Feb.1 - April 14)	2 Day 3 Grade 6 Instrument Zoo Speaker Series at lunch	3 Day 4 LLR Sr. Basketball Tournament	4
5	6 Day 5 Hot lunch (Pressed)	7 Day 6 Linking Generations Visit	8 Day 1	9 Teacher's Convention - No School	10	11
12	13 Day 2	14 Day 3 ♥ Valentine's Day	15 Day 4 100 <sup>th</sup> Day of School	16 Day 5 Speaker Series at lunch	17 Professional Development day No school	18
19	20 Family Day - No School	21 Day 6 Linking Generations Visit School Council Meeting 6:30 Hot Lunch (Fat Burger) Hot Lunch website opens	22 Day 1 Pink Shirt Assembly Parent/Student/Teacher Conferences	23 Day 2 Book Fair	24 Day 3	25
26	27 Day 4	28 Day 5 Hot Lunch Website Closes	1 Day 6 Cash4Care Staff Meeting - Early Dismissal	2 Day 1 Grade 4-7 Sunridge Ski Trip Newsletter	3 Day 2 Professional Development day No school	