Principal: Mr. Ryan Marshall

Elementary Assistant Principal: Mrs. Melissa Kerr

Junior High Assistant Principal: Mr. Aaron Tuckwood

**November 2016**

**Principal’s Message**

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I would like to first take an opportunity to introduce myself. My name is Ryan Marshall and I am excited and honored to be joining the Lakeland Ridge School community.

Here is some background information about me:

* I attended the University of Alberta where I received a Bachelor of Education (secondary), Bachelor of Physical Education and a Masters Degree in Leadership and School Improvement focusing on Servant Leadership and Staff Morale.
* I have taught grades 2, 4 and 6 as well as junior high options.
* I enjoy coaching and have coached volleyball at many levels, from junior high to Under 18 club teams.
* I served as Assistant Principal at SCA Elementary and Fort Saskatchewan Christian School (K-9 School).
* For the past three years and 2 months I served as Principal at Fort Saskatchewan Christian School
* I am married to my wife Devon, and have three elementary aged girls.

I look forward to getting to know the staff, students and parents of this school community. I would ask that you take a moment to stop by the office when you are around the school and introduce yourself. I would also like to invite you to our next parent council meeting on November 23 at 6:30pm. At the meeting I will spend some time introducing myself and will speak about my philosophy of leadership.

Our Remembrance Day ceremony is on November 10th, at 10:30am in the Kona Gym. Once again, seniors from Linking Generations will attend and will sit with their Linking Generations students during the assembly.

Also, remember to mark your calendars for the Christmas festival occurring on Thursday, December 8th from 6:00pm – 7:30pm at the school.

Finally, I would ask that you complete the following survey:

* All EIPS schools are piloting the new Elementary Communicating Student Learning Report Card. The information gathered from the survey will help inform any future decisions about the reporting tool. Once you have reviewed your child’s report card please take the time to respond to the survey. The survey is found here: [www.bit.ly/CSL16-17](http://www.bit.ly/CSL16-17)

Thank you for your support and I hope you all have a great month of November and a relaxing November break.

**Counsellor’s Corner**

Anxiety is a common problem that children experience. Most people typically experience some anxiety during certain situations and then when the situation has passed, the worrying goes away. When the worry and stress from anxiety is overwhelming and affects aspects of everyday life (i.e. friendships, sleep, family relationships, schoolwork, self-esteem), it becomes concerning. Anxiety or worry I can be described as distressing thoughts about possible negative future events. There are many different types of anxiety children experience including separation anxiety, generalized anxiety (being anxious about most things), and social anxiety (from social situations).

Anxiety can look different in different people. Anxiety can invoke:

* a strong physical reaction, such as a stomachache, headaches, dizziness, a rapid heartbeat, shakiness, muscle tension, difficulty sleeping
* different behaviors , such as avoidance of school, people, situations, or objects, feeling restless, are irritable, change of eating habits, or difficulty concentrating
* a strong emotional reaction, such as becoming withdrawn, become overly upset at small things, tantrums, or crying

If you suspect your child is anxious or worrying excessively, be supportive, patient, and positive. Talking about anxiety can be difficult, but providing a non-judgmental environment will encourage your child to open up. Attempt to understand how the child is experiencing anxiety and how it is affecting their everyday life. It can be helpful to have your child rate their anxiety on a scale from 1-10 (like a thermometer). It is also important for the child to be able to recognize their own symptoms of anxiety. Some strategies that can help with dealing with anxiety include calm or deep breathing, progressive muscle relaxation, having a ‘worry time’ set up each day to worry, using an object such as a worry rock to help relax, drawing out their worry in pictures, or slow and gradual exposure to situations that cause anxiety. Some excellent websites with information about anxiety include:

<http://www.anxietybc.com/>

<http://copingcatparents.com/index.html>

http://www.anxietycanada.ca/english/index.ph

**Bullying Prevention Week November 21-25**

One of the best ways to build safe and caring schools is to appreciate and celebrate diversity. To develop the skills and positive attitudes that prevent bullying, this year at Lakeland Ridge we will be providing students with the opportunity to participate in the Blanket Exercise. This exercise is a re-enactment of the historical narrative of the First Peoples and the European settlers, and it fosters the desire to understand each other in deeper and more meaningful ways. When students participate this community building activity, they are encouraged to recognize both what can be hurtful to others, and be inspired to choose compassionate actions that promote kindness and healing.

[](http://www.kairoscanada.org/blanket-exercise-3)

Photo source: http://www.kairoscanada.org/blanket-exercise-3

**Progress Reports**

We want to you remind you we will be sending home our new report cards on Wednesday November 30, 2016. This date has changed from November 25th, 2016 due to changes in administration. As you know, Lakeland Ridge is one of 25 elementary schools within Elk Island Public Schools (EIPS) piloting the new report card this year. Developed by EIPS, the report card is designed and intended to clearly communicate student achievement to parents and guardians. Long-term, the new report card will help to enhance the quality of education within EIPS by building strong partnerships among students, teachers, and parents.

In 2014, EIPS established a Communicating Student Learning committee, made up of parents, teachers, administrators, trustees and central office staff. Using feedback from close to 1,000 parents and 400 principals and teachers, the committee worked to create an innovative system, which reports academic achievement levels and learner attributes.

Similar to the previous report card, students will still be assessed in all areas of the current programs of studies. However, the way student learning is reported is new. The previous EPAL scale is no longer being used. Instead, teachers are using a clear and parent-friendly five-point numeric scoring scale to indicate student achievement. Additionally, the report card allows teachers to share personalized information about each student in relation to learner attributes, areas of strength, areas for growth and next steps.

Lakeland Ridge School is excited about its new method of communicating student learning—it’s innovative, inclusive and based on what stakeholders have indicated they want to see in a reporting system.

If you require more information, or have questions about the new report card, please contact your child’s teacher or Ryan Marshall. Alternatively, you can also contact [Deb Barron](mailto:deb.barron@eips.ca?subject=New%20Report%20Cards), the director of Learning Supports at EIPS.





**Choir News**

The Lakeland Ridge Choir started their noon hour club on October 13th with a wonderful group of students from grades 2-6.  We have been accepted to perform at The Festival of Trees at the Shaw Conference Center on Friday November 25th, 2016 at 11:30am.  This is an exciting opportunity for our choir to perform for an audience and support the University Hospital Foundation.  Students will receive fieldtrip forms on Thursday, November 3rd.  This field trip would not be possible without the amazing support of the Parent Action Society! Special thank you to them funding the bus & sub costs.

**Wolves Guitar & Band**

**Unfortunately, the Wilderness Centre field trip has been cancelled.**

We will be doing a class exclusive **Wake-a-thon** on **December 9** from 7pm until December 10, 7am. All Wolves Guitar and Band students are expected to attend, as there will be extended music rehearsal, team building activities, and other games organized for the duration of the Wake-a-thon.

**Thank you to parents who have already signed up to volunteer! We are still in need of more volunteers. If you are interested in being a parent volunteer** to help with supervising students for 4-hour shifts throughout the night (especially 3am – 7am!). please contact me as soon as possible.

**Of course, don’t forget our Wolves Winter Concert**!! It’s on Wednesday, **December 21, 2016**, 6:30pm at the Mukluk Gym. Musicians please arrive by 6:00pm for warm up. Wear a black shirt and a nice pair of jeans. Festive accessories optional.

**Christmas Festival News**

Save the date…

Our Christmas Festival will be held on Thursday, December 8th at 6:00 pm to 7:30 pm at the school. It will be a school wide celebration of Christmas with crafts & activities.

**Athletics Update:**

Junior high volleyball league play is soon coming to a close. There are a couple games left then it is league playoffs time. It has been a great season filled with many successes during league games and tournaments. Good luck to all our teams as they enter into playoffs. We would like to also thank our coaches for all the time they put into the teams this year. If you were involved with the team in any way, thank you for your involvement, and please take the time to express your gratitude to the coaches who have volunteered so much time to help the students evolve as volleyball players.

With volleyball season nearing an end, that means basketball is right around the corner. Students can watch for announcements and postings as to when basketball tryouts will begin as well as any open gym times that might come available for extra practice.

**November Habit 1 – Be proactive**

Tip of the month:

You control your weather! You can’t control anyone but yourself. It’s always okay to make mistakes but you have to remember to **own** your mistake. Taking ownership and responsibility of your choices is being a proactive person!

Cash for care update: This Month our wolf packs collected $348.75! Great Job Wolves!

 We Day update:

Mrs. Cutforth and Mrs. Cooksley had the opportunity to take 16 grade 5-7 students from the Student Lighthouse Team to Calgary for WE Day. WE Day is a youth conference to educate youth about the power of making a difference in their school, home, community and global world. The students listened to different speakers and musicians. These are a few quotes from those student who went.

"It was inspirational"

"It was amazing"

"It made me want to make a difference after listening to the Syrian refugee."

"The energy was high."

"There was so much happening you didn't get bored."

"There were amazing speaker that had awesome stories to tell"

**Library News**

Our Fall Book Fair was a great success!!  Thank you to everyone who came out to buy books to support our library learning commons.  As a result, we received $2100 in new books from Scholastic and $1700 in cash to help to build our collection.  A great big thank you also to the parents and students who so generously volunteered their time – we couldn’t have done it without you!



**Student-Led Math Tutoring – November**

It’s already November and the year is going quickly! Remember to put first things first this year!

If you need some extra help in Math, Mrs. Moravec runs a Student-Led Math tutoring program for grades 3-9 at lunch in her classroom, room 231. Bring your lunch and some math to work on with some fellow students. Check the calendar on the announcements board for which days tutoring is available in November. Look forward to seeing you there!

**Student Pick-up / Drop-off**

We are asking all parents to be mindful when picking up or dropping off their children. The first turn into the parking lot is designated to Child Family Services and LLR staff. Based on staff schedules, access is needed to assigned parking spots from 7:30 am to 4:30 pm. Please be respectful when finding a visitor spot and be sure not to block staff vehicles at ANY time. We appreciate your cooperation.

**Variable and Inclement Weather**

With the winter season already here, we want to remind parents to dress children appropriately for the weather when getting ready for school or the bus. The weather often changes unexpectedly throughout the day, so please select suitable outerwear and ensure your child is prepared for changing conditions.

If inclement weather conditions occur, Elk Island Public Schools (EIPS) will advise parents of any bus cancellations using various communications tools including: automated-telephone messages, alerts posted on [*www.eips.ca*](http://www.eips.ca/) and school websites, Twitter, Facebook, local radio stations and on Versatrans My Stop. All morning bus cancellations will be posted on [*www.eips.ca*](http://www.eips.ca/) by 6:30 a.m.

Decisions regarding bus cancellations are guided by EIPS administrative procedures that states: “school bus service may be suspended…[when] Environment Canada reports a temperature of -40 C.” Other reasons for suspending or delaying school bus services include adverse weather and poor road condition.

When school bus services are suspended, schools will remain open to students. EIPS believes parents have the right and responsibility to make choices for their children based on their beliefs and perceptions of safety during times of inclement weather.

For more information, contact EIPS Student Transportation at 780-417-8151.

**Download the PowerSchool App**

Did you know there is a PowerSchool app? Download PowerSchool Mobile today on your Apple or Android device to stay connected with similar information available on the PowerSchool website. The same app can be used by both parents and students. You’ll have real-time access to attendance, upcoming assignments, grades and more. Sign-up for push notifications to stay up to date.

Links to download PowerSchool Mobile are available from the PowerSchool parent or student portals or directly from the App Store or Google Play. Use the Elk Island Public Schools district code, HXWF, and your PowerSchool portal username and password to login to the app. The first time you login, or if you haven’t used the app in a while, it may take three to five minutes for the app to load completely as it accesses all of your data from the PowerSchool server.

More information, links to download the app and a copy of the PowerSchool Mobile app user guide are available at [*www.eips.ca*](http://www.eips.ca/).

**Share your Thoughts on Alberta’s Curriculum**

What do you want to see in Alberta Education’s new curriculum? Recently, the province launched a survey to find out exactly that.

As many of you know, Alberta Education is currently reviewing and updating its provincial curriculum for students in Kindergarten to Grade 12. The goal: To ensure all students receive the best possible education to meet 21st century needs.

Currently, the province is developing a new curriculum for the following subjects: arts, language arts, mathematics, social studies, sciences and wellness education. It’s expected to take six years to fully implement. During this development, Alberta Education is exploring various opportunities to gather valued and meaningful feedback from all Albertans. Most recently, the province launched a fall 2016 online survey to help with decisions relating to the content for future curriculum.

There are two parts to the survey. Part A is about the general direction for the new curriculum and takes roughly five minutes to complete. Once finished, there is a Part B section that focuses on the strengths and gaps in the current curriculum. Part B is more detailed and will take anywhere between 15 minutes and 60 minutes to complete—depending on the number of subjects and grade-specific questions you choose to answer.

In addition, face-to-face engagement sessions are being hosted by the Alberta Regional Professional Development Consortia (ARPDC) from October 18 to November 18. These sessions allow parents and community members to meet and discuss the topics identified in the survey. In the Edmonton region, two sessions are being offer—on November 3 and November 10.

* [*http://erlc.ca/programs/details.php?id=6485*](http://erlc.ca/programs/details.php?id=6485)
* [*http://erlc.ca/programs/details.php?id=6484*](http://erlc.ca/programs/details.php?id=6484)

**TO TAKE THE SURVEY** visit [*http://curriculumsurvey.alberta.ca*](http://curriculumsurvey.alberta.ca/)  
Survey closes Nov. 18, 2016

The survey and engagement sessions are two of many feedback opportunities the province plans to conduct. For more information on the provincial curriculum development, visit [*https://education.alberta.ca/curriculum-development/*](https://education.alberta.ca/curriculum-development/).

**Attendance Boundaries: New School in Davidson Creek**

Planning has begun for the attendance boundaries of the new K-6 school in the Davidson Creek area. A key component of this process is understanding what is important to our families and community as we begin developing possible attendance boundary options for the new school. While we are gathering input from our families and the community, we’ll also review population and demographic information and projected trends. As we look at the elementary attendance boundaries in the northeast quadrant of Sherwood Park, we’ll also look at the junior high boundaries in the same area to determine where students of the new school will attend once they move to Grade 7.

We want to hear from you! Visit [*www.eips.ca*](http://www.eips.ca/) starting November 4 to share your thoughts about what should be considered throughout the process. Your input will be used to help develop the elementary and junior high attendance-boundary options for the northeast quadrant of Sherwood Park that will eventually lead to the final proposed boundaries. The conversations will continue in the new year and we'll be asking for your feedback on the boundary options once developed. Your input is important throughout this process from start to finish, so we encourage you to get involved from the beginning.

**School Council**

The October school council meeting was another well-attended event with a lot of lively and thought-provoking discussion on topics such as:

* The acknowledgement of **Treaty 6 at all school assemblies**. Administration explained that this practice came about in response to the provincial government’s directive to address the recommendations of the Truth and Reconciliation Commission. Administration confirmed that there are no official EIPS required practices (yet), but the division is committed to the issue (e.g., EIPS has hired a consultant.) Parents expressed concerns about the manner in which this practice was introduced, that the language and message being used was above many students’ comprehension level, that the main reason for the assembly was being lost and with some of the principles of the treaty itself. SC requested that parents be provided with more information on what was being taught to students to gain better understanding and facilitate discussions at home.
* **Elementary Intramurals** - Parents requested consistency on the sign up process (some were “make your own team,” while others were put together by teachers) as well as advanced communication as to what activity will be played and the sign up process.
* **EIPS Administrative Procedures 311 and 350** *(Welcoming, Caring, Respectful and Safe Learning Environments and Student Conduct.)* Parents noted that the language concerning consequences for unacceptable student behavior was inconsistent between the two policies and that a process for dealing with complaints was missing. I will be compiling and forwarding this feedback to EIPS. Questions were raised as to how LLR was addressing AP 311’s requirements for gender-neutral bathrooms and locker rooms, LGBTQ library content, etc. Administration advised that they hadn’t had discussions on this issue yet. Parents recommended proactivity.

Assistant principals Melissa Kerr and Aaron Tuckwood were on hand to represent LLR administration. The complete meeting minutes will soon be posted to the SC section on the LLR website. We had also discussed the annual meeting calendar, but with the announcement of a new interim principal, I’m going to review the plan with Mr. Marshall before publishing it.

**The next School Council meeting is at 6:30 p.m. on Wednesday, November 23rd.** We will have a guest presenter from EIPS central office delivering **a 20-minute parent tutorial session on the new elementary report cards.** This is timely as the new report cards come out two days later. Come learn how to navigate and make the most of this new tool.

Welcome, Mr. Marshall. Your School Council is looking forward to working with you!

Annette Hubick

Chair, LLR School Council

[llrschoolcouncil@gmail.com](mailto:llrschoolcouncil@gmail.com).

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| Sun. | Mon. | Tue. | Wed. | Thu. | Fri. | Sat. |
|  |  | 1 Day 6 | 2 Day 1 | 3 Day 2 | 4 Day 3 | 5 |
|  |  | **Linking Generations Visit**  **Hot lunch Website Closes** | **Cash4Care**  **Staff Meeting**  **Early Dismissal**  TYKTW Gr.9 |  |  |  |
| 6 | 7 Day 4 | 8 Day 5 | 9 Day 6 | 10 Day 1 | 11 | 12 |
|  | **Hot lunch (Good Buddy)**  **Rocks and Rings**  **Curling**  **(grades 4,5,6)** | **Linking Generations Visit**  **Rocks and Rings**  **Curling Gr. 7-8** |  | **Remembrance**  **Day Ceremony**  **10:30 am** | **School Closure**  **Fall Break**  **Starts** |  |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
|  |  | **Fall Break - No School** |  |  |  |  |
| 20 | 21 Day 2 | 22 Day 3 | 23 Day 4 | 24 Day 5 | 25 Day 6 | 26 |
| **Bully Awareness**  **Week**→ | **Hot lunch (Panago)** | **Linking Generations Visit** |  |  |  |  |
| 27 | 28 Day 1 | 29 Day 2 | 30 Day 3 |  |  |  |
|  |  |  | **Report Cards** |  |  |  |
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| Sun. | Mon. | Tue. | Wed. | Thu. | Fri. | Sat. |
|  |  |  |  | 1 Day 4 | 2 Day 5 | 3 |
|  |  |  |  |  |  |  |
| 4 | 5 Day 6 | 6 Day 1 | 7 Day 2 | 8 Day 3 | 9 Day 4 | 10 |
|  | **Hot Lunch (Opa)** | **Linking Generations Visit** | **Cash4Care**  **Staff Meeting**  **Early Dismissal** | **Christmas Festival 6:00-7:30** | Guitar /Band Wake- a- thon |  |
| 11 | 12 Day 5 | 13 Day 6 | 14 Day 1 | 15 Day 2 | 16 Day 3 | 17 |
|  |  | **Hot Lunch Website Opens** |  |  |  |  |
| 18 | 19 Day 4 | 20 Day 5 | 21 Day 6 | 22 Day 1 | 23 Day 2 | 24 |
|  | **Hot Lunch (Quiznos)** | **Linking Generations Visit**  **Hot Lunch Website Closes** |  |  | **Locker Clean Out** |  |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
|  | **Christmas Break** |  |  |  |  |  |
| Jan 1 | Jan 2 | Jan 3 | Jan 4 | Jan 5 | Jan 6 | Jan 7 |
|  |  |  |  | **Christmas Break** |  |  |