



Principal: Dr. Karla Satchwell
Elementary Assistant Principal: Mrs. Melissa Kerr
Junior High Assistant Principal: Mr. Aaron Tuckwood

May 2016

Principal's Message

This March, the Teaching and Leadership Excellence Branch of Alberta Education shared a draft Teaching Quality Standard which reads in part, *"teachers develop and apply foundational knowledge about First Nations, Metis, and Inuit for the benefit of all students, and support the process of reconciliation by understanding the historical, social, economic, and political implications of treaties and agreements with First nations, agreements with Metis, the legacy of residential schools and the impacts of intergenerational trauma on learner development."*

At Lakeland Ridge School, we have been starting our assemblies with the acknowledgement that we live, work and go to school on Treaty 6 territory, a traditional meeting grounds, gathering place, and travelling route of First Nations peoples and acknowledge all the many First Nations, Metis, and Inuit whose footsteps have marked these lands for centuries. The Truth and Reconciliation Commission (TRC) of Canada has concluded its six year mandate working with survivors, intergenerational survivors, and communities. The Commission has stated that education is a pathway to reconciliation as we all work to develop relationships built on mutual respect between Aboriginal and non-Aboriginal classmates, neighbors and community members in this country.

With this in mind, I believe we are stronger because of the people who have gone before us and because of the diversity among us. At our professional development day on April 15, Lakeland Ridge teachers had the opportunity to participate in a Blanket Exercise, a tool to share the historic and contemporary relationship between Indigenous and non-Indigenous peoples in Canada. This exercise allowed us to look more candidly at the aspects of Canada's history that have not been taught and to express our thoughts and feelings about what we learned while working toward positive social change.

I shared some of this information during our **Habit 6 - Synergize** assembly last Friday. When we synergize or come together as people, we provide our First Nations, first-generation, immigrant, and all other Canadian students opportunities to realize that despite differences, there are many similarities in our collective cultural histories.

Our student population at Lakeland Ridge is 735 students. On our school registration forms, parents have the option of indicating whether their children have First Nations, Metis or Inuit Heritage. Of the 735 students in our school, parents of only 10 students (less than 2%) of all Lakeland Ridge students indicated this heritage. Yet on our recent student "Tell Them From Me" surveys, 7% or 51 of our Lakeland Ridge students self-identified that they had Aboriginal Heritage. Maybe that is because the survey was anonymous or students names were not recorded. I wonder, if 51 of our students indicate that they have Aboriginal heritage, why only 10 of your parents claimed that ancestry?

I wonder if the reason people don't claim their ancestry could be that our school is not quite where it needs to be with respect to synergism. For instance, over the past number of years, we had a WASP room, used for homework help afterschool. While most students understood the acronym WASP to mean work after school program, the common acronym WASP has historically meant White Anglo-Saxon Protestant, commonly a term applied to those who control disproportionate financial, political and social power. Acknowledgement of such terms has caused us to reexamine and carefully look at what we call things and why.

There is an emerging and compelling desire to put the events of the past behind us so that we can work towards a stronger and healthier future. For over 100 years, Aboriginal children were removed from their families and sent to institutions called residential schools. The government-funded, church-run schools were located across Canada and established with the purpose to exclude parental involvement in the spiritual, cultural and intellectual development of their children. The last residential schools closed in the mid-1990s. For parents of children in our school, that means that residential schools were still operating during your lifetime.

During this period in Canadian history, it is estimated that more than 150,000 Aboriginal children were forced to attend these schools, sometimes hundreds of miles from their homes. The cumulative result of residential schools has been a legacy of unresolved trauma passed through generations, having a profound effect on the relationship between Aboriginal peoples and other Canadians. Collective efforts from all of us are necessary to revitalize these relationships with reconciliation or understanding as the goal. It is a goal that will take the commitment of multiple generations but when achieved, when we have reconciliation - it will make for a better, stronger Canada.

I didn't really come to know my own heritage until I was an adult. My grandfather was Sami, sometimes called Laplander or reindeer herders. The Sami are the Indigenous peoples of northern Europe. My grandfather emigrated from Finland when he was a teenager and did not talk much about his heritage because it was not safe to do so because the Sami peoples in northern Europe had suffered many of the same injustices as Aboriginal peoples in Canada. My grandfather died when I was twelve and I was not able to ask him about our people. However, I encourage all of you to not only find out who you are, but to also embrace all parts of your ancestry and share your stories with your children. They will thank you for it. Synergy demands something more of all of us, it requires an "*appreciative understanding*" or the capacity to value and utilize the diversity that exists in us all as we commit truth, healing and reconciliation.

Sincerely,

Dr. Karla Satchwell

Karla.Satchwell@eips.ca

2016/2017 Homeroom Placements

There are a number of factors that will help teachers and administrators determine class compositions for the 2016-17 school year as we attempt to design the most conducive environments for students learning. If parents have specific requests that they'd like us to consider for class placements for the 2016-17 school year, please email Principal Satchwell at karla.satchwell@eips.ca or submit a letter to the office.

Counsellor's Corner

Mental Health Week is May 2-8, 2016. Mental health is similar to physical health - it is important to be proactive and use preventative strategies. Being proactive to take care of our mental health helps to avoid mental health problems. Mental health problems are common struggles or difficulties experienced by individuals on a daily basis. Coping strategies are key to managing mental health problems. Strategies that help to maintain and promote positive mental health are universal - they can work for children, adolescents, and adults. Consider how you utilize the following strategies for yourself, your children, and your families.

- Eating healthy affects how we feel. Ensure you have healthy meals and snacks available in your home for the entire family.
- Show your gratitude to others. Do something kind for someone else, say thank-you, and look for the good in your day. Showing kindness to others improves our own positive thoughts and feelings.
- Use music to cheer up the household. Music is able to change how we feel and pick up our mood. Sing out loud to your favorite songs and maybe get up and have a little dance party. It works for Kid President!
- Use relaxation techniques to get some down time on a daily basis. This could include deep breathing, meditation, slowing down to be present in the moment, or visualization (mentally going to your happy, peaceful, or calming place).
- Smile and laugh! Laughter helps to naturally de-stress, lighten up, and relax by shifting perspective. Look up jokes or search for funny videos. A little humor break can help to change your outlook for the rest of the day.

For more information about mental health or coping strategies, check out the following websites:

www.canwetalk.ca
www.cmha.ca
www.mindcheck.ca
www.anxietybc.com

Mrs. Kenda Cruikshank
kenda.cruikshank@eips.ca

Grade Nine Farewell - Information and Request for Parent Volunteers

The staff and grade nine students have begun to plan the grade nine farewell activities. A ceremony will be held on Friday, June 17 beginning at 7:00 pm. This will be followed by a reception and with the opportunity for students and families to sign memory books and have photographs taken. On Monday, June 27, a grade nine activity day has been planned. A detailed letter and field trip information form will be sent home with all students in the last week of May and formal invitations will be sent to parents/guardians of our grade nine students.

For any parents interested in being part of the Grade 9 Farewell committee, please email Mr. Tuckwood (<http://lakelandridge.ca/contact>).

Orientation Evenings for Grade 7 and Kindergarten Students

Our Junior High orientation evening is scheduled for Monday, May 9 at 6:30pm and our Kindergarten information night is scheduled on Tuesday, May 10 at 6:30pm. Both evenings, students entering their respective grade (grade 7 or kindergarten), will tour the school, meet teachers, and learn about the typical day in either kindergarten or junior high at Lakeland Ridge.

Are You Moving?

Please inform the Lakeland Ridge School office if you are moving in the coming months and if your child(ren) will not be attending LLR in the fall. Planning for the 2016-2017 school year has already begun and having the most accurate information will enable us to provide a more accurate schedule for our students.

Tech Fair

On Friday, May 27 the App Savvy students will be hosting a Tech Fair. It will be held at Lakeland Ridge School in the gym throughout the day. Students in Kindergarten to Grade 6 will be touring the Tech Fair and learning about the projects completed in App Savvy. Students from both semesters will be hosting the Tech Fair. This is a wonderful opportunity to share and celebrate the work the students have done in App Savvy. Parents are welcome to stop by. There will be 3D Printing, Video Editing, Robotics, Coding, Virtual Reality and a variety of other awesome stations!

Student-Led Math Tutoring - May

May has come in hot this year! Do not forget to take time to Sharpen the Saw. This helps keep your mental skills fresh and strong so you can work hard in school. Need some extra help in Math for our last two months? Mrs. Moravec runs a Student-Led Math tutoring program for grades 3-9 at lunch in her classroom, room 231. Bring some math to work on with some fellow students. Check the calendar on the announcements board for which days tutoring is available in May.

Band Update

Wolves Band Concert will be on Tuesday June 7 at 6:30pm in the Mukluk gym. This event is FREE and all are welcome to enjoy some live music by our bands! We look forward to seeing you there!

A reminder to all band members: Please arrive the band studio in your Band T-shirts and your instruments by 6:00 pm on Tuesday evening.

Excellence in Teaching Semi-Finalist

We were recently informed that Bonnie Edgecombe has been selected as a semi-finalist for Excellence in Teaching, following a rigorous selection process. Award recipients are honored at a reception, dinner and awards presentation in June. We wish Mrs. Edgecombe continued success in this selection process.

Parent Action Society (PAS) Update

Hot Lunch

The hot lunch program will be shut down during the months of July and August, and will resume for the 2016-2017 school year in October. Watch for ordering information in September. Should you have any questions or concerns, please contact Terri Ackroyd at lakelandridgehotlunch@gmail.com. Thank you so much for your support of this wonderful fundraiser for our school during this past year and also to Terri and her team of volunteers for the countless hours spent organizing and executing this program.

Time to Step Up?

Do you have a passion for providing the best possible learning environment for your children? Do you want to help foster a strong school community at LLR? Do you have ideas as to how funds should be raised and invested at LLR? Do you want to "synergize" with other like-minded parents? Is it time to "give back"? Consider putting your name forward in the upcoming LLR PAS Annual Election Meeting. Positions on the board of directors are: Chair, Vice-Chair, Secretary, Treasurer and Director-at-large (3).

What's involved? Please consult the PAS bylaws in our section on the LLR website for a list of duties or send me an email if you have any questions llrpaschair@gmail.com.

Upcoming Meetings:

Parent Advisory Council (PAC) meeting will be on Monday, May 30 at 6:30pm

Parent Action Society (PAS) Elections meeting will be Monday, May 30 at 8:00pm

A notice will be sent out by email and posted on the school's Facebook page and website. Both meetings will be held in the school library and free childcare will be provided. We look forward to seeing you there.

Annette Hubick

Chair, Lakeland Ridge Parent Action Society

\$10 for ANY medium pizza!

SAVE ON



\$10 gets you a coupon for ANY medium Panago pizza (value \$11.75-\$17.00)
Only 300 coupons will be sold — first come, first served!

- ◆ Redeem at any Panago Pizza location in Canada.
- ◆ Coupons expire 90 days after our pick up date.
- ◆ You can use more than one coupon at once (think birthday parties), however order must be placed by phone to do so (Panago's online system can only accept one coupon code per order).
- ◆ Does not include additional toppings.
- ◆ Only electronic orders and payments will be accepted. Please log into www.lakelandridge.hotlunches.net using your same username and password, click on "Manage Orders," select "Panago Certificates" then "Order." (PayPal will apply a 3% fee to your total order.)
- ◆ Orders will be processed on a first-come, first-served basis.

ORDER DATES:
12:01 a.m., Tuesday, May 10, 2016
to 11:59 p.m. Thursday, May 19, 2016
(or sooner if sold out)

PICK UP DATE:
Thursday, May 26, 2016
2:30-5:30 p.m., LLR main entrance

Any unclaimed coupons will be sent home with students ASAP. LLR PAS is not responsible for lost or stolen coupons.

This is Lakeland Ridge Parent Action Society's final fundraiser of the year. *Thank you in advance for your support!*

Questions? Email: llrpaschair@gmail.com

Free PIZZA PARTY for the class that sells the most!

Retiring Teachers

This week two exceptional teachers were recognized for their upcoming retirements at our Division's Long Service and Retirement Event on May 3. Mrs. Bushell and Mrs. Edgecombe.

Sonya Bushell, grade 6 teacher at Lakeland Ridge, started with Elk Island Public Schools in 1992, covering a maternity leave for Mrs. Cooksley. She has taught grades 1, 2, 5, 6, and 8 and has worked at Uncas, Fort Elementary, Ardrossan, Glen Allan and joined Lakeland Ridge in 2004. Among her favorite memories of Lakeland Ridge are the many amazing Christmas Concerts where she has enjoyed working with the grade 6's in their lead acting roles. Mrs. Bushell has loved working in a K-9 school where she has literally watch students grow up in front of her eyes. She has really enjoyed working with the Elementary Track team every year since Lakeland started. She enjoys the students' excitement and appreciates their laughter and her memories of working with various coaches over the years. She will miss reading novels with her students and sharing math songs and math games.

Mrs. Bushell will miss the staff and the students very much, especially the laughs and closeness shared. She plans to substitute next year as well as travel, play golf, read more and spend time focusing on fitness and health. "It's been a privilege to have worked at Lakeland Ridge these past 12 years. I have formed many wonderful relationships with both staff and students and want to thank all of the staff, students and parents of Lakeland Ridge for all the great years and memories."

Bonnie Edgecombe has also announced her retirement. She began teaching in Sherwood Park at Wes Hosford School and taught in six schools in our division. She joined Lakeland Ridge when it opened in 2004. Mrs. Edgecombe has taught grade two in Lakeland Ridge for the past 12 years. During her career, Mrs. Edgecombe was nominated for the Edwin Parr Award for outstanding novice teachers, and was twice been nominated for Excellence in Teaching, once in 2011 and again this year, 2016.

One of her favorite memories of Lakeland Ridge was when she had a chance to share her experiences of building a school in Nepal with a slide show during an assembly. She was overwhelmed by the amount of school supplies that were donated for her to take with her on her trip to Nepal, and by the support of Lakeland students and their families through Cash for Care during the year. Mrs. Edgecombe was also touched by the number of students who showed a genuine interest and concern for children and families in Nepal. "I will miss my interactions with amazing students, colleagues and parents. I will especially miss my students' enthusiasm for learning, pride in their accomplishments and the warm hugs and handshakes at the end of each day."

Mrs. Edgecombe has many plans for the new chapter of her life and she still wants to stay connected to teaching for a few years by substitute teaching, presenting in-services for teachers and perhaps supervising student teachers. She also plans on traveling, golfing, exercising regularly, gardening, taking piano lessons, taking cooking classes, learning how to swim and reading books just for enjoyment. Next year, she plans to go back to Nepal for a month to work with teachers and provide support in any way she can. Finally and most importantly, she is looking forward to having more time for my family and friends.

A highlight of Mrs. Edgecombe's career was being part of starting a new school at Lakeland Ridge. Mrs. Edgecombe and her colleagues worked during the month of August that year to get ready for startup, and they had to overcome many obstacles with opening a new school. She remember much laughter and hard work that truly formed staff into a wolf pack working together to achieve something great!

Lakeland Ridge has been honored to have teachers like Mrs. Bushell and Mrs. Edgecombe and we wish them good health and much happiness in retirement.

Boundary Exemption Request Process Closed April 14

Lakeland Ridge accepted 32 Boundary Exemption Requests, bringing our projected enrollments for fall to 737 (this year we registered 735).

New Report Cards for Lakeland Ridge School's Elementary Students in 2016-2017

Lakeland Ridge is pleased to announce implementation of the Elk Island Public Schools' (EIPS) new elementary report cards for the 2016-2017 school year. Developed by EIPS and piloted by eleven elementary schools this year, the report cards are designed to enhance communication about student progress in grades 1 to 6.

In 2014, EIPS established a Communicating Student Learning committee, made up of parents, teachers, administrators, trustees, and central office staff. Using feedback from close to 1,000 parents and 400 principals and teachers, the committee has developed an innovative reporting system focused on student achievement in academic outcomes and learner attributes.

Teachers will continue to assess all areas of the current programs of studies. However, student learning will be reported using a five-point numeric scoring scale. Teachers will communicate student achievement in clear, parent-friendly language for each subject providing personalized information about each student in relation to learner attributes, areas of strength, areas for growth, and next steps. The current Excellent, Proficient, Acceptable, Limited (EPAL) scale will no longer be used.

Software Upgrade Notice for Online payments

If you are currently using a computer with the operating system Microsoft Windows XP, Microsoft Windows Millennium, or earlier versions, you will want to be aware of a new security upgrade that takes effect July 1, 2016. Encryption securities around the world are being upgraded on that date. The upgrade will improve security for all online banking and online purchasing systems. If you are using an operating system less than Microsoft Windows 7, you will no longer be able to use online banking or online purchasing tools including the Division's online payment system, ACORN.

If you are using an operating system that came out earlier than Microsoft Window 7, please upgrade your computer's operating system to conduct any online banking or purchasing. *NOTE:* The security upgrade doesn't affect Apple users.

For more information visit <https://support.cloudflare.com/hc/en-us/articles/205043158-PCI-3-1-and-TLS-1-2>.

Student Transportation: 2016-2017 Registration is now open

If your child will take a bus to school during the 2016-2017 school year, please make sure to register as soon as possible. Families currently accessing transportation will soon receive tentative route schedules and invoices. Transportation fees are due by **June 30, 2016**.

If you have questions about registration, invoicing, or if your child isn't currently registered for bus service and you'd like to access transportation for the 2016-2017 school year, please contact EIPS Student Transportation at 780-417-8151 or email st@eips.ca.

NOTE: Student Transportation is open all summer, so if you have any questions about registration or invoicing please contact EIPS' Student Transportation at 780-417-8151 or by using the online contact form at www.eips.ca/contact.

Elementary Art Club 2016

Mrs. Newnham and Mrs. Moravec would like to thank all their elementary Art Club artists. We had such a fantastic year and look forward to seeing you again in the fall. A special thank-you to Mrs. Moravec who spent hours scanning and creating our bird art for our incredible year-end synergized project!





May 2016

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1	2 Day 5 Hot Lunch Gr.6 Birch Bay	3 Day 6 Linking Generations Visit	4 Day 1 Class Pictures Cash4Care Staff Meeting - Early Dismissal	5 Day 2 Pitch-In Day	6 Day 3 Gr.1 Arbor Day Newsletter	7
8	9 Day 4 Junior High Orientation 6:30pm	10 Day 5 Gr.9 PAT - ELA Part A Kindie Info Evening 6:30pm	11 Day 6	12 Day 1 Gr.6 PAT - ELA Part A	13 Day 2 System PD Day - No School	14
15	16 Day 2 Hot Lunch LLR Jr. High Track Meet	17 Day 3 Habit 7 Assembly Linking Generations Celebration Lunch	18 Day 4 Fine Arts Assembly Cash4Care Staff Meeting - Early Dismissal	19 Day 5	20 School Closure Day	21
22	23 Victoria Day - No School	24 Day 6 EIPS Jr. High Track Meet @ SAP	25 Day 1 Class Pictures Cash4Care Staff Meeting - Early Dismissal	26 Day 2 EIPS Jr. High Track Rainout Date	27 Day 3 Tech Fair Jr. High Wake-A- Thon	28
29	30 Day 4 Hot Lunch PAC Meeting 6:30pm (Library) PAS Elections 8:00pm (Library)	31 Day 5				



June 2016

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			1 Day 6 Cash4Care Staff Meeting - Early Dismissal	2 Day 1 Junior High Zone Track Meet	3 Day 2 Newsletter	4
				Outdoor Ed 7 Camping Trip		
5	6 Day 3	7 Day 4 Band Concert 6:30pm	8 Day 5	9 Day 6	10 Day 1	11
12	13 Day 2 Hot Lunch	14 Day 3	15 Day 4 Gr.6 PAT - ELA Part B	16 Day 5 Gr.6 PAT - Math	17 Day 6 Gr.6 PAT - Science Gr.9 Farewell 7pm	18
19	20 Day 1 Gr.6 PAT - Social Gr.9 PAT - Science	21 Day 2 Aboriginal Day	22 Day 3 Gr.9 PAT - Math	23 Day 4 Gr.9 PAT - ELA Part B Gr.7 & 8 LA Exam	24 Day 5 Gr.9 PAT - Social Gr.7 & 8 Social Exam Gr.3-6 Track Meet	25
26	27 Day 6 Gr.7 & 8 Science Exam Gr.9 at SAL	28 Day 1 Gr.7 & 8 Math Exam *Last Day of School	29 No School *Last Operational Day for Staff	30		