



Principal: Dr. Karla Satchwell
Elementary Assistant Principal: Mrs. Melissa Kerr
Junior High Assistant Principal: Mr. Aaron Tuckwood

September 2015 Principal's Message

Welcome back to returning students and families and to all those who are new to our school community. There have been a number of staff changes at Lakeland Ridge, including Mr. Aaron Tuckwood and Ms. Melissa Kerr who have joined the staff as Assistant Principals. Both have also previously taught at the school and we are excited to welcome them back to Lakeland Ridge. Other new staff include Ms. Erin Breen who is teaching kindergarten, Ms. Dori Li who is teaching band, music and language arts, Ms. Holly Newnham who is teaching art and grade 9, Mr. Scott Bennett who is teaching career and technology foundations and Mrs. Natalie Troup who is teaching French and language arts. Ms. Dulcie Jarvin is joining Lakeland as an Educational Assistant in grade seven. As the new principal, I have also joined the staff this fall. Those returning staff members and our new staff are very excited about this coming year.

This year we will follow the same practice as last year regarding home room changes. Requests will be considered if:

- 1) The student has completed one full 6-day cycle in their assigned class.
- 2) There are exceptional circumstances for requesting a class change (which typically do not include friendship reasons).
- 3) The move does not create a significant imbalance in class sizes.

If a change of classes is requested, please make them in writing or by email to the principal. Junior high students who request an option class change can personally request one from Mr. Tuckwood once a full cycle is completed on Tuesday, September 8th.

We know that school fees can be an onerous expense for parents in September, especially with all your other back to school expenses such as school supplies, clothing and shoes, back packs, etc. Please know that the fees Lakeland Ridge charges are on a cost recovery basis for agendas and yearbooks, field trips covering the cost of bussing and entrance fees for venues, and if applicable musical equipment rentals, lock rentals, and consumable supplies in junior high options courses. Lakeland Ridge charges \$100 for an elementary student (\$250 for a family of three or more) to cover noon hour supervision. Junior high noon hour supervision is \$50 per student.

Student fees can be viewed and paid on-line through the PowerSchool Parent Portal starting Monday, September 14th. (Information about accessing the parent portal is embedded in this newsletter on page 3). Fees can also be paid at the school office. The deadline for fee payment is October 31st. We appreciate that it may be difficult for some families to pay these fees by the end of October. If that is the case, please contact me and we can set up a payment plan or make other arrangements. Student participation in co-curricular and extracurricular activities may be affected by unpaid fees if arrangements for payment have not been made.

Dr. Karla Satchwell
Principal
Karla.satchwell@eips.ca

Lakeland Ridge's New Administrative Team

Aaron Tuckwood, Assistant Principal



Aaron is excited to return to Lakeland Ridge School after six years as an Instructional Services Consultant, primarily working with educational technology. When Aaron taught at Lakeland Ridge his subject areas were junior high CTS, Social Studies, Computers and Physical Education. Aaron has a Bachelor's of Education from the University of Alberta and Masters of Education in Educational Technology from the University of Calgary. Aaron's wife Leah is also an educator. They have three children who attend school in Elk Island Public as well. Aaron has played and enjoyed most sports throughout his life, and played University of Alberta football. Aaron is still involved with flag football and has recently taken up swimming again. His children are all into soccer, swimming, and basketball. Aaron is really looking forward to an exciting year at Lakeland Ridge.

Melissa Kerr, Assistant Principal



It is with great excitement that Melissa also returns to Lakeland Ridge School in her new role as assistant principal. For the last 4 years, Melissa has served as assistant principal at A.L. Horton Elementary in Vegreville. Before that, Melissa was also a junior high school science teacher at Lakeland Ridge for 9 wonderful years. As one of many original staff hired at LLR, she feels like she's back home. Walking through the halls brings back so many great memories of Lakeland Ridge and Melissa looks forward to being part of the outstanding traditions that make Lakeland Ridge a great place to work and learn. Melissa earned her Bachelor's and Master's degrees from the University of Alberta. I am so thrilled to be returning to 'Wolf Pack' and working with the great students, staff, and LLR families.

Karla Satchwell, Principal



Karla also is pleased to have been announced as the new principal of Lakeland Ridge School. Karla has been an educator with Elk Island Public Schools for 14 years, having served most recently as Associate Superintendent for Human Resources. Prior to that, she served as Principal of Next Step Outreach, Director of Planning and Professional Development, District Coordinator, AISI, Director of Professional Development and Counsellor at Ardrossan Jr. Sr. High School. Before working with EIPS, she was Director of Student Support, Faculty of Education at the University of Alberta and as Director of Academic Advising at both Weber State University in Ogden, Utah, and at the University of Wyoming in Laramie. Karla earned her Bachelor of Science in Elementary Education from Montana State, Master's from Bowling Green State University in Bowling Green, Ohio, and PhD from the University of Alberta. She has taught at the elementary, junior, senior and post-secondary levels.

Junior High Awards

Our annual junior high awards ceremony will take place on Tuesday, September 29th at 4:30 pm in the Kona Gymnasium. This event celebrates the academic achievements of students in the 2014-2015 school year. We will be recognizing students for achievement in individual subject areas as well as merit, honour & distinction recipients. Students receiving awards will have invitations mailed to them by September 14th.

Muffin Morning - Tuesday, September 15th (7:45 - 8:30 am)



All parents and students are invited to meet the staff on the morning of Tuesday September 15th between 7:45 am and 8:30 am.

This is a come and go event providing an opportunity for parents and staff to meet and build connections. Stay as little or as long as you want right up until 8:30 am. Coffee, juice and muffins will be available in the Mukluk Gym. Upon arrival feel free to grab something to eat, tour the school and meet the staff. If needed, child care for little ones will be provided in the Kona Gym. Please note that visitor parking in the school lot is very limited so it is best to park on residential streets. Remember that there is no parking on either side of Crimson Drive near the school. Hope to see you then!

School Picture Day



School photos will be taken on Friday, September 18th. Please mark this date on your calendar.

Retakes are booked for Tuesday, October 27th.

Don't get a Ticket....

When a vehicle turns left coming out of the parking lot onto Crimson Drive before 4pm, there are cameras and the vehicles can be ticketed.

PowerSchool Correction Forms

Throughout the first week of school, all families will receive *PowerSchool Correction Forms* for each of your children. Please review all of the information on these forms; confirm, update, and/or add information as necessary; and return them to the school by Friday, September 11th.

If you have any technical questions regarding PowerSchool, please contact Mrs. Ingrid Painchaud at 780-416-9018. Thank you for your assistance in helping us ensure we have the most up-to-date information about your child on file.

Accessing the Parent Portal

A single sign-on will allow a parent access to all students in one family regardless of which EIPS school they attend. Students who attended LLR previously were given access ID's and passwords to create their parent accounts. If you did not set up a parent account or cannot remember your access ID and password, please contact the school office.

Parents who are brand new to Lakeland Ridge School in any grade, will receive a letter from the school outlining the information needed to link the student to the existing parent account and/or set up a new parent account. Once the parent account is created, you will not need to create a new account each year. The account information will follow your students as long as they are enrolled in an EIPS school.

Please note that for elementary students, parents can only view attendance. In junior high, parents can view grades and attendance. All parents will be able to view school fees and pay online. For more information, please see the section on the following page.

Pay School Fees Easily Using PowerSchool

The 2015-2016 school fee information will be available through PowerSchool beginning September 14th. To access your fee information, simply login to your Parent Portal account (<https://powerschool.eips.ca/public/home.html>) and click the green dollar sign symbol. Once logged in you will be able to view fees and have the ability to pay online using Visa, MasterCard, or INTERAC Online (if available from your financial institution).

Please keep in mind school fees may change. Junior high fees may change if courses are added and deleted. Additional school fees may be added to your child's account during the year for various activities including field trips, class projects, or athletic team fees. These additional fees will be added to your child's account.

For more information about school fees and payment deadlines visit www.eips.ca/fees.

If you have additional questions regarding your child's fees, or if you are new to the school and need assistance, please contact Mrs. Cathy Eyben, Business Manager at Lakeland Ridge School, 780-416-9018.

Math Contest Results- Grades 3-9

The results from the spring math contest arrived in late June. Students were awarded their certificates and medals in the last week of the school year. Congratulations to all students who were selected by their classrooms teachers to write the contest. The winners at each grade level were:

Grade 3 - Josh M.
Grade 4 - Sydney K.
Grade 5 - Jennifer C.
Grade 6 - Kiana A.

Grade 7 - Jenna S.
Grade 8 - Liam M.
Grade 9 - Alyssa S.

Welcome back from the LLR Athletics Department

We are very excited for the multitude of practices and games for our school teams this year. September will be busy for our runners as the X-Country team participates in their events. This is open for all junior high students and we encourage everyone to participate. Also at this time of year, our volleyball teams will be in full swing. Good luck to the teams this upcoming season as they participate in many tournaments and league games. For those students that decide not to play on our teams, please come cheer on your peers. Go Wolves Go!

Drama Update

Student Union Ticket Packs are back at LLR! Lakeland Ridge has brought back Student Union Ticket Pack Coupon Books as a Fundraiser for our school. For every \$20 coupon book sold (either paper or mobile App), our school gets \$9 from each book!! This is a huge fundraiser for our drama club, as we're moving to purchase a set of microphones for our program to benefit students for the next 10 years, not to mention the ability to use these at other events, such as Christmas concerts.

Buy 5 get 1 FREE: For every 5 books someone buys, they get one book completely free to keep or sell for themselves. Each book also comes with a chance to win a trip to Disneyland or a

\$5,000 GIC. Books can be purchased with cash or cheque (cheques payable to Lakeland Ridge Parent Action Society). Students will be bringing home the order forms within the next week.

Home-School Communication

If parents have a question or concern about something at the school or in the classroom, they are encouraged to bring the concern forward directly to the appropriate person. These discussions should take place in the following order:

1. Discuss the concern with the classroom teacher to determine if the issue can be resolved at the classroom level.
2. If this issue cannot be resolved at the classroom level, bring it forward for discussion with the assistant principal or school principal. Most concerns can be addressed at the school level with school staff and administration.
3. If the issue cannot be resolved at the school level, bring it forward for discussion with the superintendent or applicable associate superintendent.

Any level of the above discussions may be initiated by telephone or email, but may evolve into a face-to-face meeting which allows for the best and most collaborative discussion to take place.

All staff members can be emailed using the format firstname.lastname@eips.ca. Every effort will be made to respond in a timely manner. Typically parents can anticipate a response within 24-48 hours.

You've Got Mail...

We know that there is so much going on at Lakeland that it is important for use to keep our students and families informed. Here are the best ways to stay informed about all happenings at the school:

- Check the school web site regularly at www.lakelandridge.ca. The web site includes important information like the calendar, upcoming events, newsletters, email contact for the staff, and "e-teacher" pages for students and their families to access information about their learning. It is kept updated regularly, and provides a wealth of information to help you.
- Read the newsletter! Our school newsletter comes out the first Friday of every month. It can be read one of 3 ways:
 1. School Website (preferred method) go to www.lakelandridge.ca
 2. Email - go to <https://goo.gl/8Gcpvn> to sign up
 3. Paper Copy - copy will be sent home with your child, or the youngest in the family. Please contact Mrs. Janke (780-416-9018) in the office to sign up
- Parents of students can also check the PowerSchool Parent Portal for information about their child's progress and attendance. If you need more information about using PowerSchool, please call Mrs. Painchaid in the office.

Counsellor's Corner

My name is Janice Cameron, and I am returning to cover for Kenda Cruikshank while she is on maternity leave. I was here for May and June last year and it did not take me long to realize that Lakeland Ridge is a great school. My primary role as a school counsellor at EIPS is to support the learning and success of all students in the school. I will work with students, parents, and staff to meet the emotional, academic, and social needs of the students. This may involve individual and/or group counselling, social skills training, consultation, or accessing community resources. Each family and child has unique needs and often referrals to community agencies are an effective way to meet these needs. Sherwood Park and Strathcona County provide many fantastic community resources available for children and families.

September can be a difficult month with anxiety about the transition of back to school. Try to set a routine as quickly as possible. Ensure that there is a reasonable bedtime so everyone is well rested and ready to learn in the morning. Establish a homework and reading time that works with your schedule. After homework is completed, pack backpacks so they are ready to go in the morning. Encourage your child to begin with the end in mind and use their agenda to record assignments, home reading, and extra-curricular activities. With routines established, the month of September can be easier on everyone.

If you have any questions or concerns about your child, please feel free to contact me by email at janice.cameron@eips.ca or by calling the school at 780-416-9018. I am looking forward to working with you all until we welcome back Mrs. Cruikshank who will continue with all of the wonderful things she has been doing at Lakeland Ridge School.

Library News

Library Learning Commons News - In the coming weeks, all classes will start up regular book exchanges and there will also be informal times for both elementary and junior high students to borrow materials on a daily basis. Teachers will be making their classes aware of borrowing limits and loan periods as they apply to each grade level. We hope the library learning commons will be an exciting place for your child to visit and enjoy!

As was the case in previous years, we would be so grateful to hear from any and all parent volunteers interested in helping out in the library. Whether you are interested in coming on a drop-in basis or at regular times, any and all assistance will be most welcome. Please feel e-mail from our school website, or directly to trisha.lake@eips.ca, or pop in to the library to introduce yourself!

Student Textbooks - The library learning commons is already a busy place this week with junior high students signing out their textbooks for the year! **Junior high students** are required to document any existing damage on a **textbook condition form**. This is collected in the first few weeks and then filed for reference in June. When books are returned, further damage NOT noted on the form is assumed to have been made during the year and bills are issued. (Textbook replacement cost ranges from \$80 to \$140 per book.) Students are encouraged to visit the library with their textbook during the year to **have it mended** in order to manage any natural wear-and-tear. It is our hope that these policies will not only protect the school's investment in textbooks, but also help our students learn to proactively care for materials for which they are responsible.

Student Medication and Medical Concerns

If a parent/guardian requests that their child be administered medication while at school, he/she must complete a "Medication/Personal Care Request and Authorization" form. The completed form and medication should be brought to the school's main office. This form needs to be completed for every change in medication and dosage. Non-prescription drugs such as acetaminophen, cold remedies and inhalants may not be administered to students without the signed consent forms.

If your child has a dangerous anaphylactic allergy to a particular substance, parents/guardians must complete an "Emergency Anaphylactic Allergy Alert" form. Parents/guardians are advised that the preferred location for the storage of Epi-pens and inhalers is in fanny packs worn by the student. If parents prefer that Epi-pens and/or inhalers be located in alternate locations, they must specify this on the form and sign the request. For the well-being of students, Elk Island Public Schools requires parents to complete medical forms on an ANNUAL basis. If you require a form for medication, allergy alerts, or anaphylaxis please contact Mrs. Janke in the office to have one sent home with your son/daughter.

Lunch Information



Elementary students in Grades 1 to 6 eat lunch in their classroom with lunch supervisors provided. Each classroom has a microwave for students to use. Due to the high demand on our microwaves and the limited time in which to warm up lunch items, we would appreciate it if all items are cooked at home therefore only needing a short warm-up. Grades 7 and 8 students will eat their lunch in the Mukluk gym while Grade 9's eat in the gathering area. They are also provided with microwaves for quick heat ups. Please note: The school does not supply utensils, so please send all required forks and spoons.

A reminder that our upstairs canteen is open during the noon hour from 12:17 until 12:40 pm daily. Items can be purchased by students in Grades 6 to 9. The canteen sells Milk-to-Go, water, and juice as well as a variety of snack and lunch items. The canteen will open on September 8th. Students in Grades 1 to 6 have the opportunity to purchase milk, white or chocolate, through our healthy choices program. In order to participate students must purchase a healthy choices card from Mrs. Eyben in the office. The cards are \$10 each and give the students twelve items. The cards are then given to their designated lunch supervisor and their milk is brought to them at lunch time on the days they choose to order. Milk will be available starting September 8th. Please remember that these cards will expire June 2016 and cannot be transferred to next year.

Lakeland is "Nut-Aware"

In an attempt to make our school environment safe for all students, staff and visitors, Lakeland Ridge has a "Nut-Aware" strategy. Lakeland would appreciate your help to maintain a safe community by keeping as far as is reasonable and practicable, all nuts and nut products out of the school. This includes peanuts, walnuts, cashews, almonds and all other tree nuts. Please read all food product labels carefully. We appreciate your help to make the school safe for every student. Lakeland has many students who suffer from severe nut allergies. Even trace amounts of a problem food can cause a life threatening anaphylactic reaction. As part of our nut aware strategy and in accordance with EIPS Administrative Procedures, there are procedures in place

for life threatening allergies including - an individual medical plan, communication plans for staff, staff training and emergency response procedure.

Parents/Relative Visiting During School Hours

ALL parents and/or relatives who volunteer or visit in the building or on the grounds are required to check in at the office (and pick up an ID tag) before going to your child's classroom or activity. We make this request for the safety and well-being of all of our students as well as safety regulations. Our staff and children need to know that every adult in our facility and on the grounds is someone that they can trust. Thank you for your cooperation.

Volunteers in Schools

With a responsibility of protecting all of the students in its care, Elk Island Public Schools has a volunteer procedure which states that all volunteers, regardless of scope, will be required to annually sign a form including a declaration that they do not have a criminal record or a child welfare record, as well as agreeing to a confidentiality undertaking. Volunteers who have an increased level of personal contact with students, such as a coach or supervisor on an extended (overnight) field trip will also be required to complete an application form and provide the results of a criminal record check. The fee for the criminal record check is waived for all EIPS' volunteers. EIPS values and appreciates the efforts of all volunteers.

Friendly Reminder to Parents

Please ensure that your child knows where he or she is to go at the end of the day and how they are to get there (bus, walk, being picked up). A good way to help your child with this information is to put a note in the agenda. This lets your child know where to go, and also helps teachers and other staff members ensure your child is going to the right place at the end of the day. Thank you for helping us keep your child safe. In some cases, parents are phoning the school daily to have messages passed along to students, but this too can cause undue anxiety for children as they wait for word from parents. As the school office is a very hectic place, there is always the chance a child will not receive the message. This could mean your child is in an unsupervised and possibly unsafe situation after school.

No Child Without

In our ongoing effort to provide safe and caring schools for our students, Elk Island Public Schools (EIPS) has completed its registration in the *No Child Without* program and all eligible schools, including Lakeland Ridge, are now enrolled. *No Child Without* is a joint program of the Canadian MedicAlert Foundation and the Lions Club of Canada. Through this program, registered children receive 24-hour MedicAlert coverage free of charge between their fourth and fourteenth birthdays. *No Child Without* waives all initial registration fees and ongoing membership costs during these years.

If your child has a serious medical condition or allergy and would benefit from MedicAlert services, please contact the school to obtain a program information pamphlet. You can then enroll in *No Child Without* by calling 1-877-282-5378 or online at www.nochildwithout.ca. If your child is already registered with MedicAlert and you would like to enroll specifically in the *No Child Without* program, you must sign up by telephone at the number above.

More information about *No Child Without* is available at www.nochildwithout.ca, by contacting the school office at 780-416-9018, or from EIPS' Communication Services department at 780-417-8225.

Video Surveillance on School Buses

Elk Island Public Schools Student Transportation would like to inform our parents and students using bus services that all EIPS buses are equipped with video surveillance equipment, which is in accordance with the *Freedom of Information and Protection of Privacy Act* (FOIP). The equipment records and stores several days of data and is reviewed regularly by Student Transportation staff who monitor both student and driver conduct. All video and audio recordings of individuals on school buses are for the safety and security of passengers, drivers, and property, and may be used as evidence in a disciplinary matter.

If you have further questions about the collection, use, and disclosure of personal information, please contact the FOIP co-ordinator at EIPS by calling 780-417-8204.

Update: Kindergarten Programming Survey

As many of you are aware, Elk Island Public Schools (EIPS) has been exploring the community's interest in a full-day Kindergarten program operating on alternating days. Over the past year, some parents within Sherwood Park and Fort Saskatchewan have posed questions regarding bus-ride times and transportation fees for Kindergarten students attending half-day Kindergarten programs, which are the predominant options in these communities. These questions led to discussions within the division about current Kindergarten programming offered within EIPS.

In late 2014, the Board of Trustees directed administration to complete public consultations within Sherwood Park and Fort Saskatchewan to determine the community's interest in a full-day Kindergarten program operating on alternating days. In the spring, the division conducted a series of focus groups—comprised of both teachers and parents—discussing the advantages and disadvantages of both a half-day program and an alternating full-day Kindergarten program. A survey followed, which gathered additional feedback from teachers, parents, community members, and staff within Sherwood Park and Fort Saskatchewan.

Overall, more than two-thirds of the 1,517 survey respondents agreed EIPS should explore offering more alternating full-day Kindergarten options in their communities. Close to two-thirds of the respondents indicated the division shouldn't eliminate the half-day program and only offer alternating full-day Kindergarten.

Based on all of the responses and suggestions gathered, the Board of Trustees has asked EIPS administration to further explore offering more alternating full-day programming in Sherwood Park and Fort Saskatchewan. As such, throughout the 2015-2016 school year, EIPS will be reviewing where additional alternating full-day programming possibilities may exist. EIPS will continue to keep families updated on any new developments.

School Council Report

The Annual General Meeting of the Lakeland Ridge School Council will be held on Wednesday, September 30th at 6:30 pm in the School Library immediately following the Parent Action Society meeting. We invite all parents as members of the School Council to attend this first meeting of the year! At this meeting the new School Council Executive will be elected. We look forward to

hearing from our new Principal on the activities of the first month of school, as well as from our designated Elk Island Public Schools Trustee Representative on the activities of the Board over the last few months. Immediately following the meeting a short Special Meeting will be held to consider proposed changes to the School Council Bylaws. The agenda for the meeting will be posted on the School website in advance of the meeting on September 30th. During our School Council meetings free childcare is provided in order to allow parents to attend and know that their children are being well looked after onsite. We look forward to seeing and meeting as many parents as possible at this first meeting!

Parent Action Society Update



As we start a new school year the executive of the PAS would like to welcome back families after what was hopefully a restful and happy summer. We would also like to welcome new families into our school community and take this opportunity to tell you about PAS. Lakeland Ridge Parent Action Society is incorporated under the Alberta Societies act to organize fundraising activities for the benefit of Lakeland Ridge School. We are a Canadian registered charity, however to keep this status we need parent volunteers' to be a part of the board!

PAS mission is as follows:

The mission of the Lakeland Ridge Parents Action Society is to contribute to classroom and program resources that otherwise are not available in order to improve and enrich the educational experience of our children.

Is there somewhere in the school that you think we should be spending funds? Is there a program your child loves that you would like to see more funding in? Do you have fundraising ideas that you would like to share with the group or have been part of any successful fundraising in the past? This year we have many positions to fill, Chair, Vice Chair, Secretary, and two directors at large. If we are unable to fill these positions, then we will lose our status of a society which then does not allow us to apply for grants, casinos, or the ability to run our hot lunch program. If you have a few hours to spare a month please consider joining our board. If you would like to learn more about these roles please check the website for details or you can email llrpaschair@gmail.com

Our AGM will be held Wednesday Sept 30th @ 6pm in the library before the school council meeting. We will also be providing free babysitting, so I encourage all parents to come out and support the school.



Casino Alert

PAS is happy to announce that we have been slotted for our second casino. Our area casino is in Camrose and we will require volunteers Sunday January 31st, 2016 and Monday February 1st, 2016. We require 5 volunteers each day. The shifts are from 3pm to 12:30am each day. If you are able to assist please email llrpaschair@gmail.com.



Grant Update

I am happy to announce that the PAS has been awarded \$2457.00 from the Dow Gives community investment program. Thank you to Dow for awarding our program these funds to better our student's education. These funds will be used to purchase GPS units which will go towards different programs throughout the school. Special thank you to: Amy Dieser, Mrs. McKay, and Mr. Huculak for your time and commitment in applying for the grant.

Family Movie Night

In June we held our Family Movie Night Fundraiser which turned out to be a huge success! This event raised \$4500!!! I would like to personally thank the fundraising committee as if it were not for this team we could not have made that night a huge success: Amy Dieser, Andrea Cundliffe, Lisa Letwin, Annette Hubick, Shawna Resalat, Jada Doyle, Peggy Konkolus, Deanna Peters, Mrs. Mckay, Ms. Lake, Mrs. Smith and Mr. Huculak.

PAS would like to also thank all of the following people that donated items to our silent auction:

Broadmoor Place Dental Center
Sherwood Park Veterinary
Sherwood Park Sports Physiotherapy
Edmonton Oilers
Michelle Blonar
NAIT Bookstore
Save On Foods
Kwaf Wine Wholesaler and Importer
Panda Flowers
Kathy Callendar
Ricci Hair Co.
Confetti Sweets
Jepama's Pizza
Headquarters
Paula Bartlett
Norwex - Lisa Letwin
Younique
Tutti Fruitti
Sculpt Barre
Keyara Energy
Sobey's (Baseline Road)
Sherwood Park School of Music
It Works
Broadmoor Golf Course
Orange Theory
Moksha Yoga
Millwoods Golf Course

Country Road Greenhouse
Cherish Hair Design
Roxx Salon
McBain Camera
Stokes
Aspen Trails Dentist
Dr. Ling Acupuncture
Red Rouge Boutique
Fill Your Cup
Cora Breakfast
Mastermind Toys
Lori's Country Cottage
WEM
Mrs. Mckay
Fountain Tire
Mr A
Move Ball - Anita Parker
Sumo Sumo
Mrs. Cohn
Mrs. Rice
Mrs. Wright
Mrs. Atkinson
Mrs. Lundin
Mrs. Mueller
Mrs. Krekoski
Peters Family
Mrs. Moravec

Campbell's Labels for Education

Dear Parents: This year marks the eighteenth anniversary of the *Campbell's Labels for Education™* program, and with your help, Lakeland Ridge can make this year the best ever! The *Labels for Education™* program is a great way to earn FREE merchandise for our school, and label collection and redemption is so easy. Participation in the program is simple - save labels from eligible **Campbell** products and send them to the school. Products eligible for redemption in the program include:

EATING



CAMPBELL'S® condensed soup
10 oz / 284 mL, 28 oz / 796 mL
SAVE: full label (UPC and front panel)



HABITANT® soup
227 mL, 398 mL, 796 mL
SAVE: full label (UPC and front panel)



CAMPBELL'S® CHUNKY® soup or chili
10 oz / 284 mL, 14 oz / 425 g, 19 oz / 540 mL
SAVE: full label (UPC and front panel)



CAMPBELL'S® CHUNKY® bowls
420 mL
SAVE: lid



CAMPBELL'S® Ready to Serve soup
19 oz / 540 mL
SAVE: full label (UPC and front panel)



CAMPBELL'S® HEALTHY REQUEST® bowls
398 mL
SAVE: lid



CAMPBELL'S® SOUP AT HAND®
284 mL
SAVE: lid



CAMPBELL'S® HEARTY NOODLES®
55 g
SAVE: paper lid



CAMPBELL'S® GARDENNAY®
500 mL
SAVE: UPC



V8® SOUP
500 mL
SAVE: UPC



CAMPBELL'S® Créations soup
500 mL
SAVE: UPC

COOKING



CAMPBELL'S® Easy Cooking Sauce
500 mL
SAVE: UPC



CAMPBELL'S® Ready to Use broth
900 mL
SAVE: UPC



PREGO® Pasta Sauce
375 mL, 645 mL, 1.75 L
SAVE: lid

SNACKS



PACE® salsa
428 mL, 642 mL
SAVE: lid



GOLDFISH® crackers
28 g, 168 g, 180 g, 190 g, 200 g, 1.36 kg
SAVE: UPC



375mL, 675mL
Prego



Campbell 's® Healthy Request®
Bowls – 420 mL

BEVERAGES



V8® vegetable cocktail

156 mL, 250 mL, 340 mL, 354 mL,
950 mL, 1.36 L, 1.89 L

cans SAVE: crushed cans

bottles SAVE: labels

boxes SAVE: UPC

image
required

V8® V-FUSION® beverage

354 mL, 1.36 L

SAVE: cap

image
required

V8® SPLASH® beverage

473 mL, 1.89 L

SAVE: cap

- Select Campbell's Foodservice Products qualify for redemption
- *Campbell's* condensed soups
- *Campbell's*® Easy Cooking Sauces
- *Campbell's*® Chunky soups and chilis
- *Garden of Eatin'*®
- *Campbell's Soup at Hand*®
- *Campbell's*® Ready to Enjoy soups
- *Healthy Request*® soups and microwavable bowls
- *Prego*® sauce
- *Campbell's Ready to Use* broth
- *Pepperidge Farm*® *Goldfish*® crackers
- V8® beverages and soups
- *Habitant*® soups
- *Pace*® salsa
- Select Campbell's Foodservice Products qualify for redemption.

Let's amplify our efforts by asking friends and family to collect labels on behalf of our school!

If you have any questions, or would like to help with our *Labels for Education* collection drive, please contact our program coordinator, Crystal Waldo at 780-570-0045. Don't forget to visit www.labelsforeducation.ca for a complete listing of eligible products and more information about the program.

Thank you for your ongoing support. Together with *Campbell's Labels for Education*™ - we can build a better school - one label at a time.

Welcome Back!



Just because you're in a hurry

Doesn't mean it's okay to park
within 5 metres of a crosswalk



It's Your School.

Traffic safety is everyone's responsibility.

Brought to you by the partners of the
Strathcona County School Traffic Safety Partnership.
www.strathcona.ca/stsp

Just because your best friend is texting

Doesn't
mean
it's okay
to drive
distracted



It's Your School.

Traffic safety is everyone's responsibility.

Brought to you by the partners of the
Strathcona County School Traffic Safety Partnership.
www.strathcona.ca/stsp

Just because you have an early meeting

Doesn't
mean it's
okay to
make a
u-turn by
the school



It's Your School.

Traffic safety is everyone's responsibility.

Brought to you by the partners of the
Strathcona County School Traffic Safety Partnership.
www.strathcona.ca/stsp

Head Lice (Pediculosis)

Parents are strongly encouraged to undertake preventative measures with respect to head lice, especially after summer breaks and after school breaks.

Frequently Asked Questions about Head Lice:

What are head lice?

They are tiny insects that live only on a person's scalp. Lice crawl quickly but cannot fly or jump, nor can they live on household pets. Having head lice is not related to hygiene, it just means that the person has come in contact with someone else who has lice. Lice do not spread diseases, however they can cause itching. Lice lay eggs on the hair shaft close to the scalp. Live eggs are oval and dark in colour. They stick to the hair and will not fall off if you touch them. Even after the eggs hatch (7-10 days), the white shells remain on the hair shaft. Baby lice start are pencil-dot size and mature in 7-14 days molting three times.

How are Lice Spread?

Anyone can get head lice. They spread by head to head contact or by sharing brushes, combs, hats, pillows, and anything that is worn or used on the head. Please remind children not to share these items. Check children's heads weekly and especially following school breaks, sleepovers and camps.

How do I check for Lice?

Use natural light or a bright light and a magnifying glass if you have one. Part the hair in small sections and look near the scalp. Lice crawl very fast so they are difficult to find. Look for dark eggs glued on the hair close to the scalp. Lice are often found in warm spots such as the hair behind the ears, back of the neck and close to the scalp. Check all the people that live in your house.

What do I do if someone in my family has head lice?

If you find lice, tell anyone in close contact such as family members, friends and classmates so they can be checked for lice. Everyone in the house who has head lice will need to be cleared of head lice at the same time to control the spread. Treatment products (purchased from pharmacies) are to be used only on people who have live head lice. They do not prevent people from getting head lice.

How do I get rid of head lice?

There are many head lice treatment products. New products such as Nyda and Resultz are available for people who do not want to use traditional insecticides. Read all instructions carefully and follow them step by step so that the product will work effectively. Check with your doctor or pharmacist to make sure the product is safe for your child. Using a lice comb with very small spaces between the teeth such as the Licemeister or Nit Free Terminator are the best to use. Combing and nit picking is the most important step to lice control since no product kills all of the eggs. A second treatment 7 - 10 days after the first treatment is suggested to kill any newly hatched eggs.

How do I get rid of all of the eggs?

Removing eggs (nits) and remaining lice after the treatment can end your head lice problems. Start by using a fine-tooth comb. Comb then remove the smaller eggs by hand.

- ☐ Sit under a bright light or in sunlight
- ☐ Have your child watch television, a video or read to keep still. Work for 10-15 minutes at a time.
- ☐ Work with a small section of wet hair (clip the rest out of the way)
- ☐ Comb the smaller eggs off the hair strands using your thumbnail and fingernail.
- ☐ Continue section by section until you remove all the eggs.

Check the hair 2 times a week for 4 weeks to make sure all the eggs have been removed.

Do I need to wash or clean anything else?

Soak combs, brushes in hot water and head lice product for 5 - 10 minutes. Wash clothes, hats, towels and bedding used in the past three days, in hot soapy water and dry in a dryer for 20 minutes after the first and second treatment. Vacuuming is helpful, but special sprays are not needed on furniture or floors. Excessive cleaning is not necessary since lice live only a short time away from the head.

When can my child return to school?

We ask your cooperation in doing regular screening and checking of your child to help manage head lice outbreaks in the school. A child can return to school when there is no live lice present. The school may ask you to provide a letter verifying that treatment has occurred and with your permission, your child may be screened by a trained staff member or volunteer prior to returning to class. Lakeland Ridge enforces a no lice policy - recommending children stay at home to receive treatment if live lice are found on the head.

Where can I go for additional information?

Additional information is available on the EIPS website, www.eips.ca, school website, Alberta Health Link Toll-free: 1-866-408-5465 (LINK); Edmonton: 780-408-5465 (LINK)

2015–2016 Grade 3 Student Learning Assessments Pilot

This fall Alberta Education will continue the Grade 3 Student Learning Assessment (SLA) pilot & EIPS will be participating. SLAs are more inclusive in their scope than PATs as an assessment tool. SLAs will accord teachers and parents important information early in the school year that will be of great benefit to learning and instruction. The pilot will include all Grade 3 students in EIPS and will take place between September 14 and November 1. The assessments will focus on numeracy, literacy, and critical thinking, be digitally based, and offer an opportunity for students to show their learning in ways not possible with paper-based tests. The goal is to provide timely information to parents and teachers, help enhance classroom instruction, and ensure any student learning needs are identified.

What are Student Learning Assessments (SLAs)?

The Student Learning Assessments (SLAs) are digitally-based beginning of the year “check in” provincial assessment tools that Alberta is developing to enable both parents and teachers to identify student strengths and areas of growth at the start of the school year. The SLA3 is a new, digitally-based provincial assessment focused on “literacy and numeracy”, which are defined as follows:

- Literacy is the ability, confidence and willingness to engage with language to acquire, construct and communicate meaning in all aspects of daily living.
- Numeracy is the ability, confidence and willingness to engage with quantitative or spatial information to make informed decisions in all aspects of daily living.

What are the purposes of SLAs?

The SLAs have three main purposes:

- To improve student learning (primary purpose).
- To enhance instruction for students.
- To assure Albertans our education system is meeting the needs of students and achieves the outcomes of the Ministerial Order on Student Learning.

SLAs have been developed primarily as a tool for teachers and parents to help inform and support student learning. Provincial assessment programs, including SLAs, are meant to complement, not replace, day-to day teacher observations and classroom assessment. They are sources of information that must be interpreted, used, and communicated within the context of regular and continuous assessment by classroom teachers.

What is the structure of the SLA3?

The four components of the SLA3 are:

- digital interactive literacy questions (45 questions)
- literacy performance task (4 activities)
- digital interactive numeracy questions (44 questions)
- numeracy performance task (2 activities).

Further information on the 2015–2016 Grade 3 SLA pilot, visit www.education.alberta.ca/sla.



September 2015

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	31 Day 1	1 Day 2	2 Day 3 Cash4Care Staff Meeting - Early Dismissal	3 Day 4	4 Day 5 Newsletter	5
6	7 Labour Day - No School	8 Day 6	9 Day 1	10 Day 2	11 Day 3 Correction Forms due	12
				EIPS Volleyball Tournament		
13	14 Day 4 Leader In Me - "Week of Welcome"	15 Day 5 "Meet the Staff" Muffin Morning 7:45am Linking Generations Info	16 Day 6	17 Day 1 Terry Fox Run - 1pm	18 Day 2 School Pictures	19
				EIPS Volleyball Tournament		
20	21 Day 3	22 Day 4 Outdoor Ed 7 Gear Check 6-7:30pm	23 Day 5 PAC Meeting 6pm & SAC Meeting 6:30pm	24 Day 6	25 Day 1	26
				Outdoor Ed 7 Camping Trip		
27	28 Day 2	29 Day 3 Jr. High Awards 4:30pm	30 Day 4			