



Lakeland Ridge School

Parent Workshop

Please help yourself to refreshments!

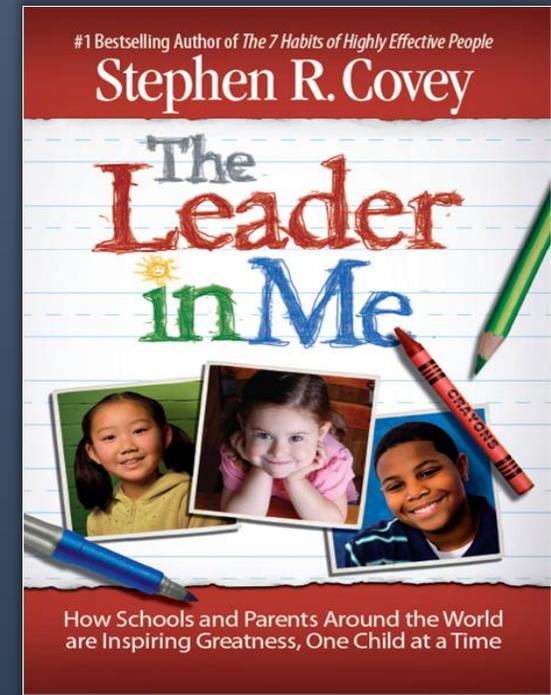


Student Leaders Aidan Muth & Olivia Sadilek-Thring

- Welcome Parents
- How we Use the 7 Habits

Our End in Mind~ Why are we here?

1. The Leader in Me
2. Importance of personal leadership skills
3. Overview of the *7 Habits*
4. Share ideas for using the *7 Habits* at home



Overview of *The Leader in Me*

1. Process designed to help teachers assist students in developing leadership skills.
2. Helps students discover their unique strengths.
3. Gives all students an opportunity to shine—to become leaders.
4. Helps infuse the language of the 7 Habits into all the curriculum.

What Parents and Business Leaders Want

21st Century Life Skills

The 7 Habits of Highly Effective People®

INDEPENDENCE

Habits 1–3

- Goal setting
- Organization
- Time management
- Planning

- Initiative
- Responsibility
- Self-direction
- Personal productivity

- Be Proactive®
- Begin With the End in Mind®
- Put First Things First®

INTERDEPENDENCE

Habits 4–6

- Teamwork
- Conflict management
- Creativity
- Analytical skills

- Problem solving
- Communication
- Collaboration
- Cross-cultural skills

- Think Win-Win®
- Seek First to Understand, Then to Be Understood®
- Synergize®

RENEWAL

Habit 7

- Fun
- Desire to learn
- Good health and hygiene

- Meaningful work
- Emotional stability
- Technical skills

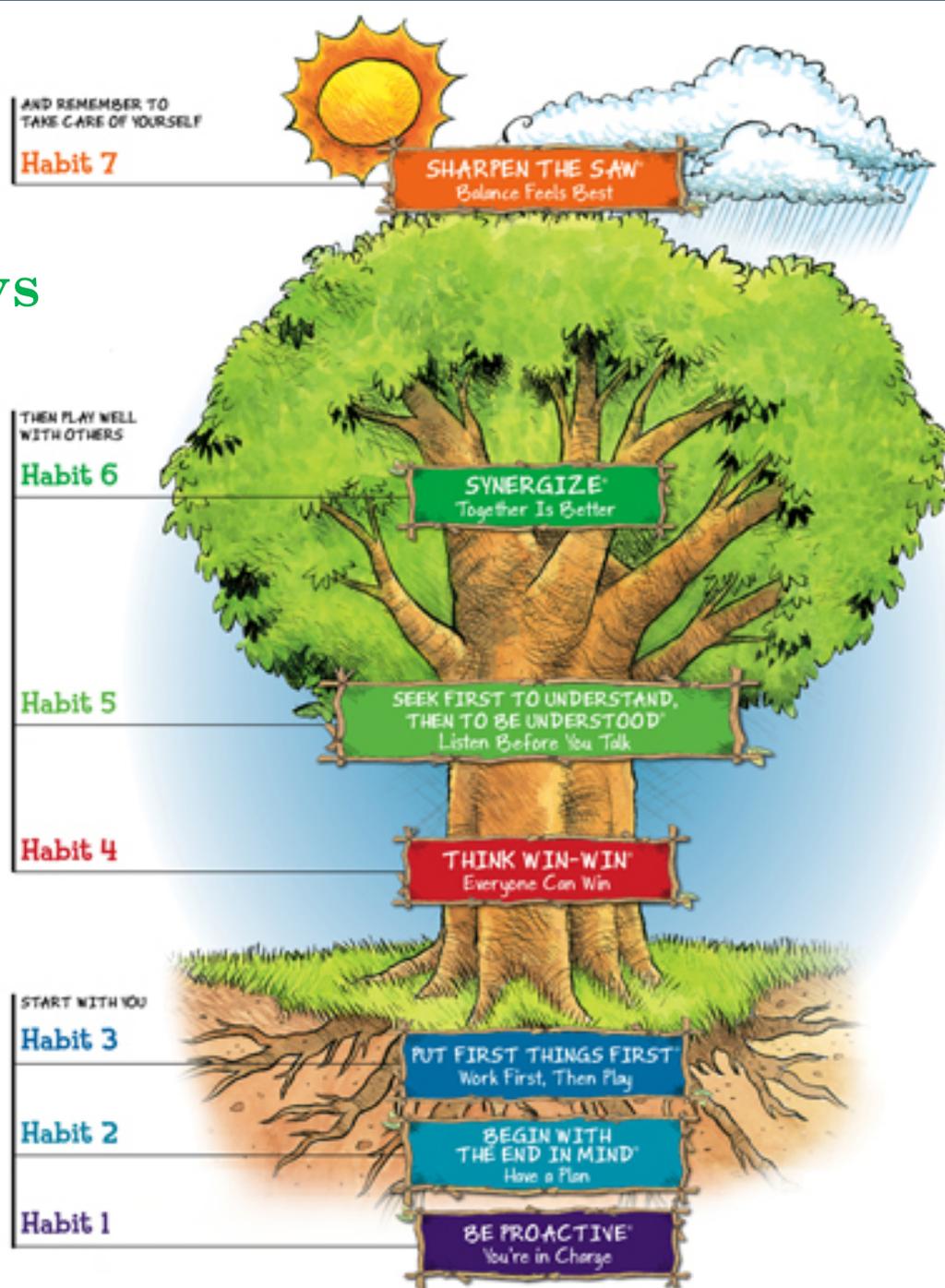
- Sharpen the Saw®
(Body, Heart, Mind, Spirit)

•7 Habits = Common Sense

•Common Sense is not always
Common Practice

•7 Habits are about LIFE

•Tree as an Analogy



START WITH YOU

Habit 3

PUT FIRST THINGS FIRST®
Work First, Then Play

Habit 2

**BEGIN WITH
THE END IN MIND®**
Have a Plan

Habit 1

BE PROACTIVE®
You're in Charge



THEN PLAY WELL
WITH OTHERS

Habit 6

SYNERGIZE®
Together Is Better

Habit 5

**SEEK FIRST TO UNDERSTAND,
THEN TO BE UNDERSTOOD®**
Listen Before You Talk

Habit 4

THINK WIN-WIN®
Everyone Can Win

The 7 Habits[®] Tree

AND REMEMBER TO
TAKE CARE OF YOURSELF

Habit 7

A stylized illustration featuring a bright yellow sun with orange rays on the left. To its right is a white, fluffy cloud. Below the sun and cloud is a wooden banner with an orange background, supported by two wooden posts. The banner is positioned above a green, grassy hill. The banner contains the text 'SHARPEN THE SAW' and 'Balance Feels Best'.

SHARPEN THE SAW[®]
Balance Feels Best

Habit 1

Circle of no
Control

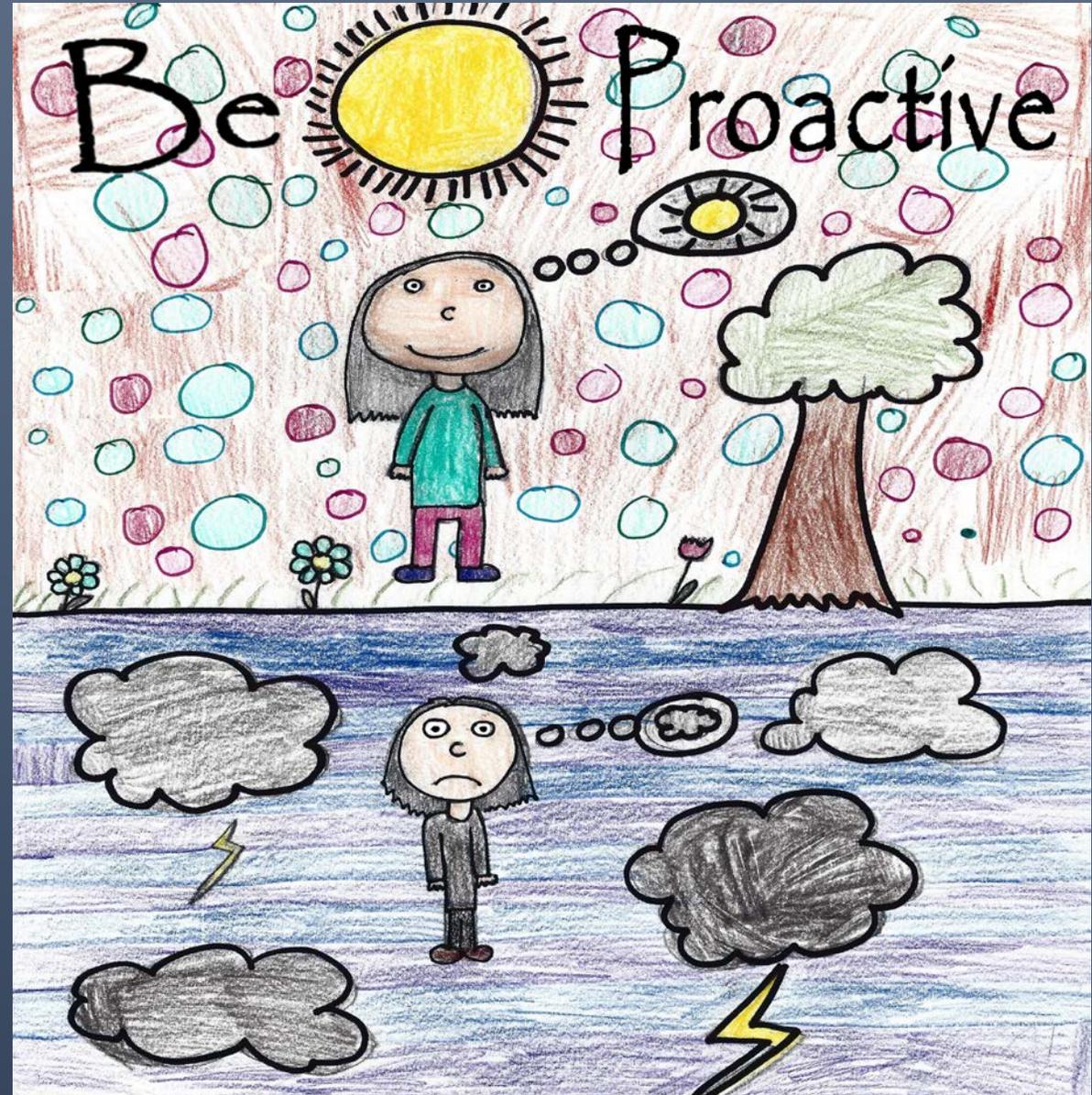
Circle
of
Control

I am a responsible person.

I take initiative. I choose my actions, attitudes, and moods.

I do not blame others for my wrong actions.

I do the right thing without being asked, even when no one is looking.



Habit 3

I spend my time on things that are most important.

This means I say no to things I know I should not do.

I set priorities, make a schedule, and follow my plan.

I am disciplined and organized.

Put First things First

1. Work



2. Play



Habit 4

I balance courage for getting what I want with consideration for what others want.

When conflicts arise, I look for a win-win solution.



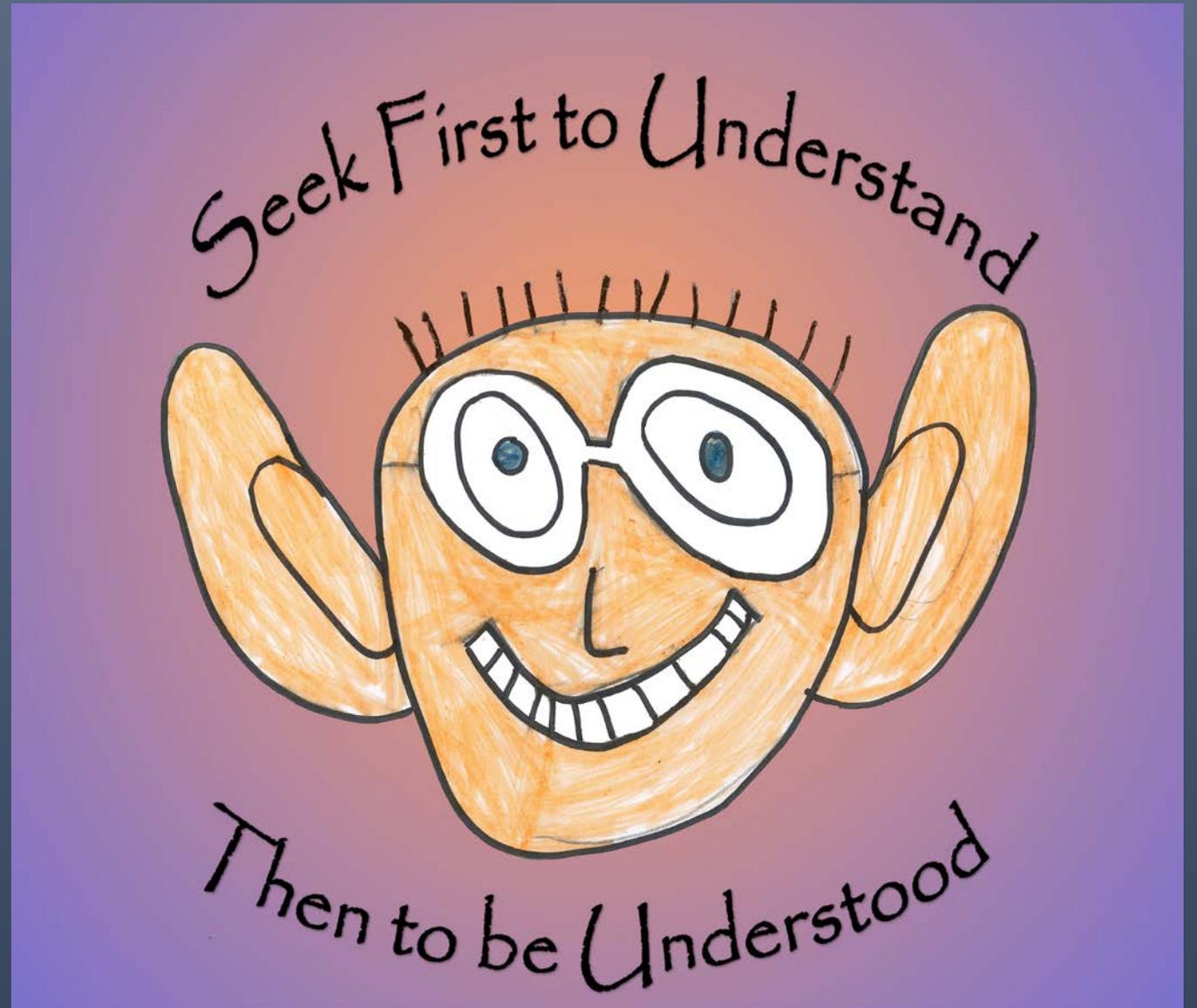
Habit 5

I listen to others
without
interrupting.

I am confident in
voicing my ideas.

I see perspectives
of others.

I listen with my



Habit 6

Together

is

Better!

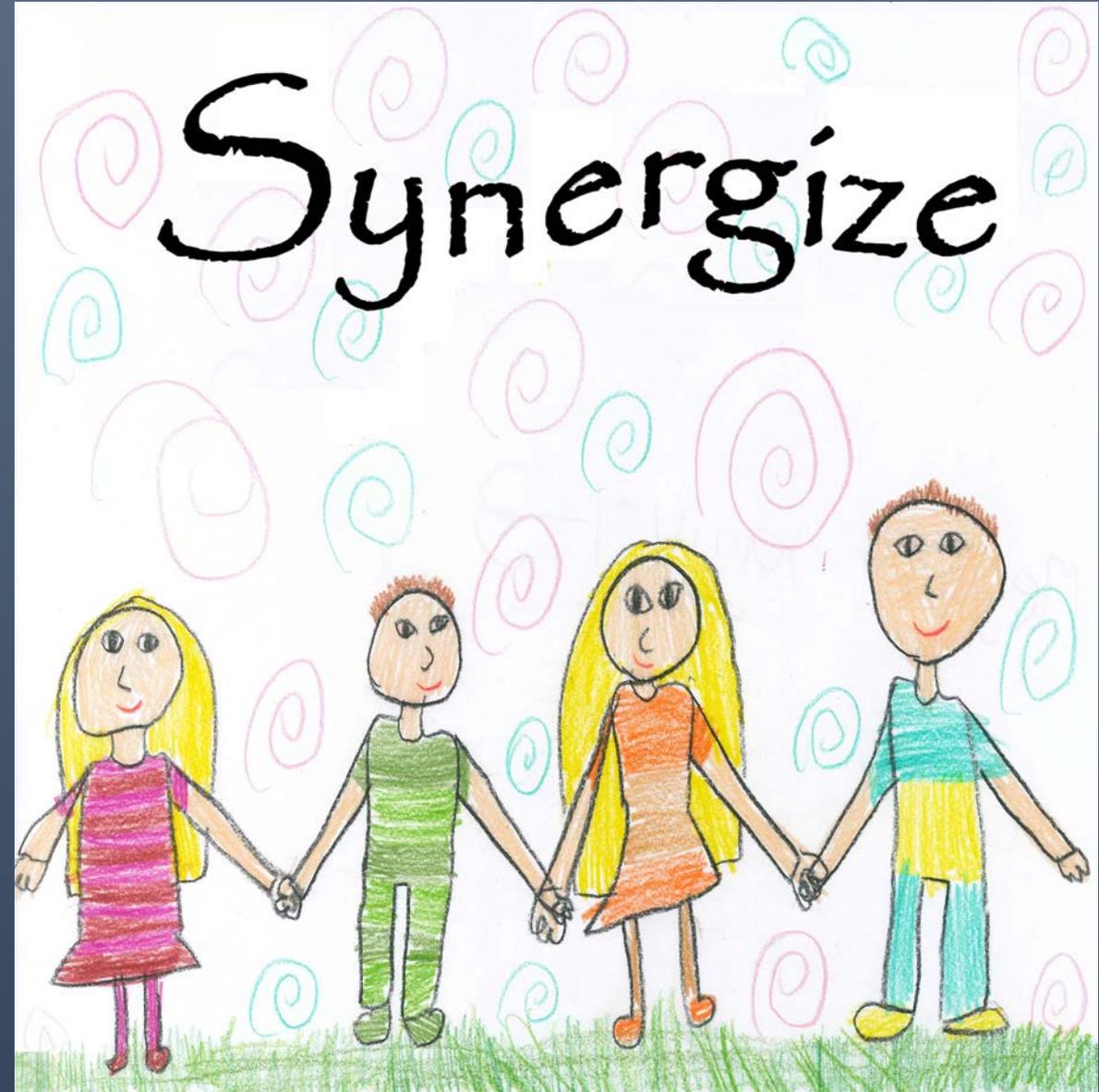
I value other people's strengths and learn from them.

I get along well with others; even people who are different than me.

I work well in groups.

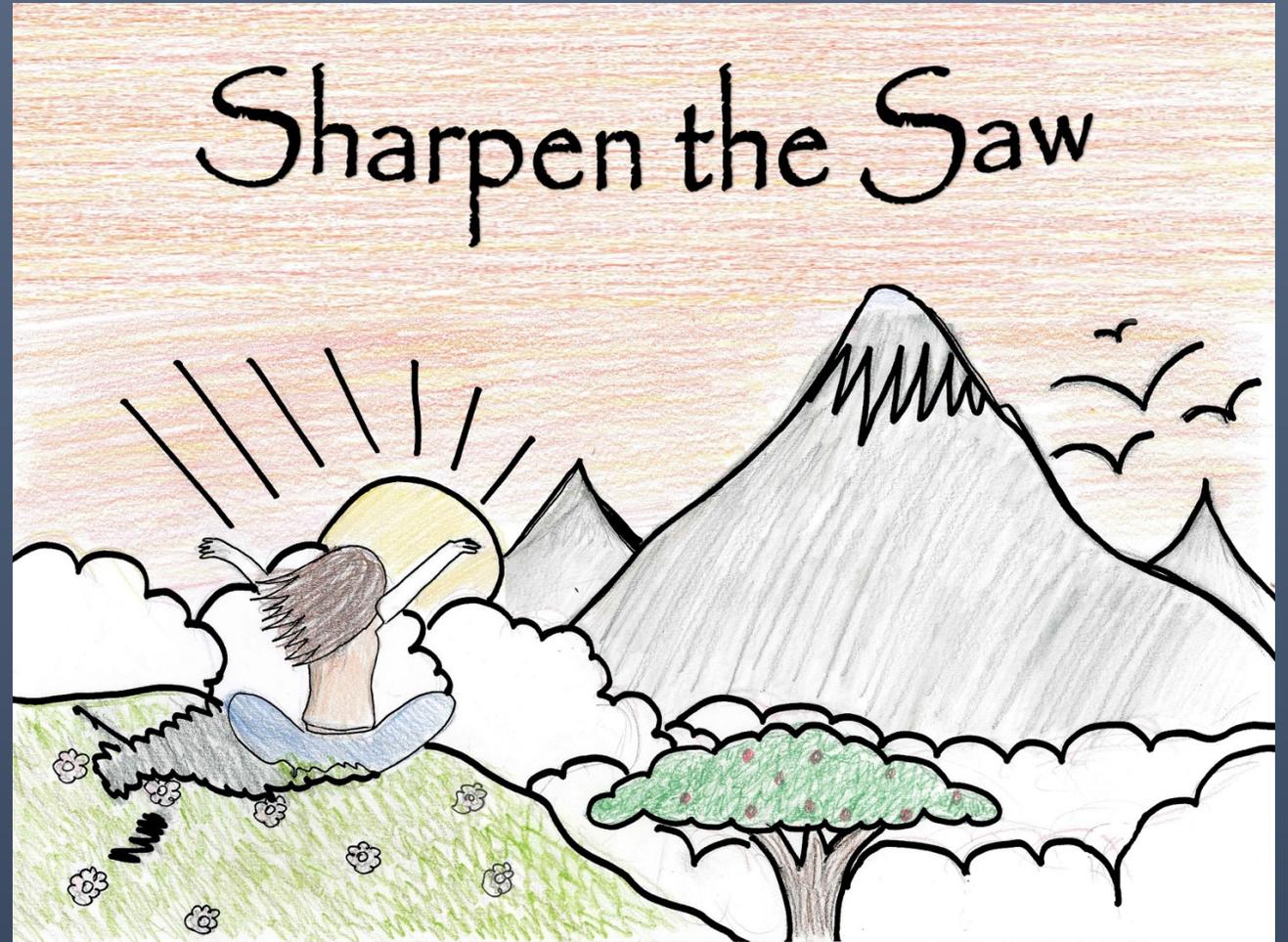
I seek out other people's ideas because I know that by teaming with others, we can create better solutions than what any one of us could alone.

I look for Third Alternatives.



Habit 7

I eat right, exercise, and get enough sleep (body). I learn in lots of ways and lots of places, not just at school (brain). I spend time with family and friends (heart). I take time to find meaningful ways to help people (soul). I balance all four parts of myself.



Habit 7

I eat right,
exercise and
get enough
sleep
(Body)

I take time
to find
meaningful
ways to help
people
(soul)



I learn in
lots of places
and ways
(Mind)

I spend
time with
family &
friends
(Heart)

Sharpen the Saw



The 7 Habits in Action at Lakeland

Please enjoy the video of Mrs. Edgcombe's
Grade 2 class!

Watch Me Lead

Welcome ~ Caroline McKay

Family Mission Statement

- Organizations & Businesses do it, why not families?
- What are the 3 most important things in your life?

Consider This

What do I want my family to stand for?

Our highest priority goals?

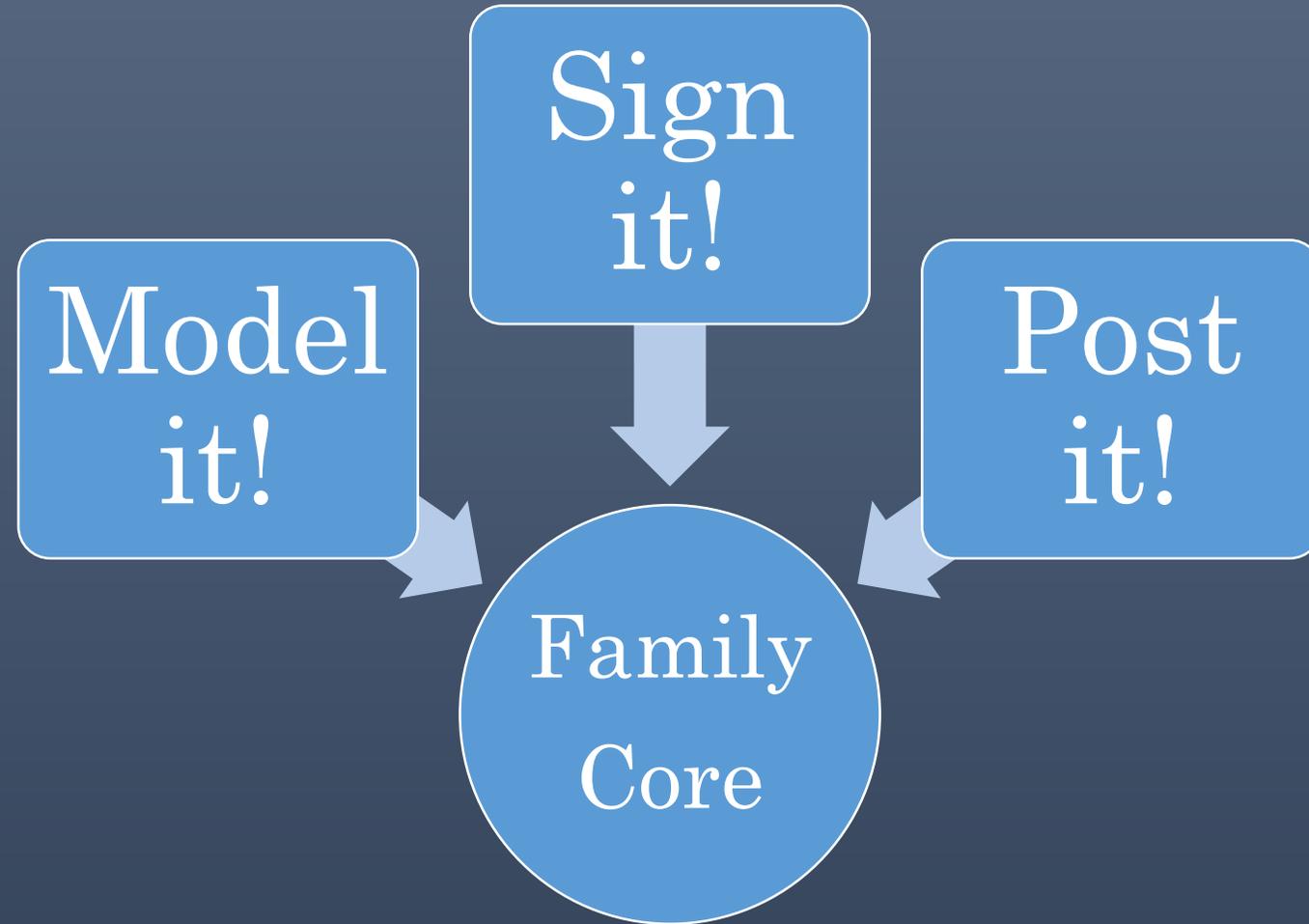
Unique talents, gifts & abilities?

What makes us happiest?

What makes us feel comfortable at home?

What kind of home do we want to have?

Live Your Mission!



Family Fun Jars: Sharpening the Saw Together

Caroline McKay



Getting Organized With The 7 Habits~

**Goal: Morning where everyone knows their jobs
and is ready on time!**

Be Proactive Initiative & Responsibility

Determine what is needed for
next day

Write a List

Gather non-perishable items
for lunch bag

Begin With The End in Mind

Visualizing & Planning

Brainstorm what a smooth
morning will look like

Make a Schedule & Keep to it

Put First Things First Focus on the Task at Hand

Help your child learn how to
avoid distractions

Work First, Then Play

Welcome~Dinene Yaniw

1. Wanting to create more joyful moments and positive experiences with our children
2. “Caught Being Good”
3. Filling each other’s buckets daily
4. Acknowledging their kind efforts
5. Flexible and work and progress

Welcome~ Will Rice



Bucket Filling at Home

- Reward system that focuses on positive behavior
- Bucket Filling Money
- Reinforces the language used at school
- Opportunities for goal setting

Welcome~ Daniell Witzke

Begin With the End in Mind:

- Family Calendar
- Sunday Lunch Prep
- Proactive: School Prep

Welcome~ Shannon Panchuk

- Proactive when it comes to making your lunch
- Put first things first with chores and looking after your home
- Seek to understand your siblings
- Sharpen the saw with synergy from your artistic side

Welcome Sam Simpson

- Habit 2: Begin With the End in Mind
- Habit 4: Think Win-Win

Begin With the End in Mind

Money Smarts

- Savings vs. mad money
- 50/50
- Setting goals



Think Win-Win for Sibling Conflict

Win-Win for Mom and Dad

- Pulling hair out
- Moments of Zen (well...not really 😊)

Win-Win for Ethan and Will

- Losing privilege
- Problem solving themselves and continuing to play.



Welcome ~ Andrea Cundliffe

Habit 4 Think Win-Win

- Challenges in siblings competing against each other
- Changing the language used in our home during activities
- Taking equal turns picking activities in the home including Dad and Mom
- Changing focus from competing to having fun as a family

Habit 5 – Seek first to Understand, Then to be Understood (Andrea)

- Challenges in dealing with children with opposing personalities
- Teaching calming techniques when frustrated
- Work on turn taking in conversations and rephrasing confrontational wording

Habit 6 – Synergize (Andrea)

- Working together as a family during challenging times
- Teaching the kids to rely on each other
- **Together is better** ~ focus of our family unit

The PAUSE Button KEY to ACT Not REACT

Stop between what happens to us and our response to it!
Choose our own response!



Successful Life Skills~ Personal Leadership

- Try a little at a time!
- Start with using the language of the 7 Habits.
- Do what works for you and your family.
- Synergize with your children to come up with ideas for using the 7 Habits at home!
- This will lead to ownership and accountability!
- Let your children TEACH you!

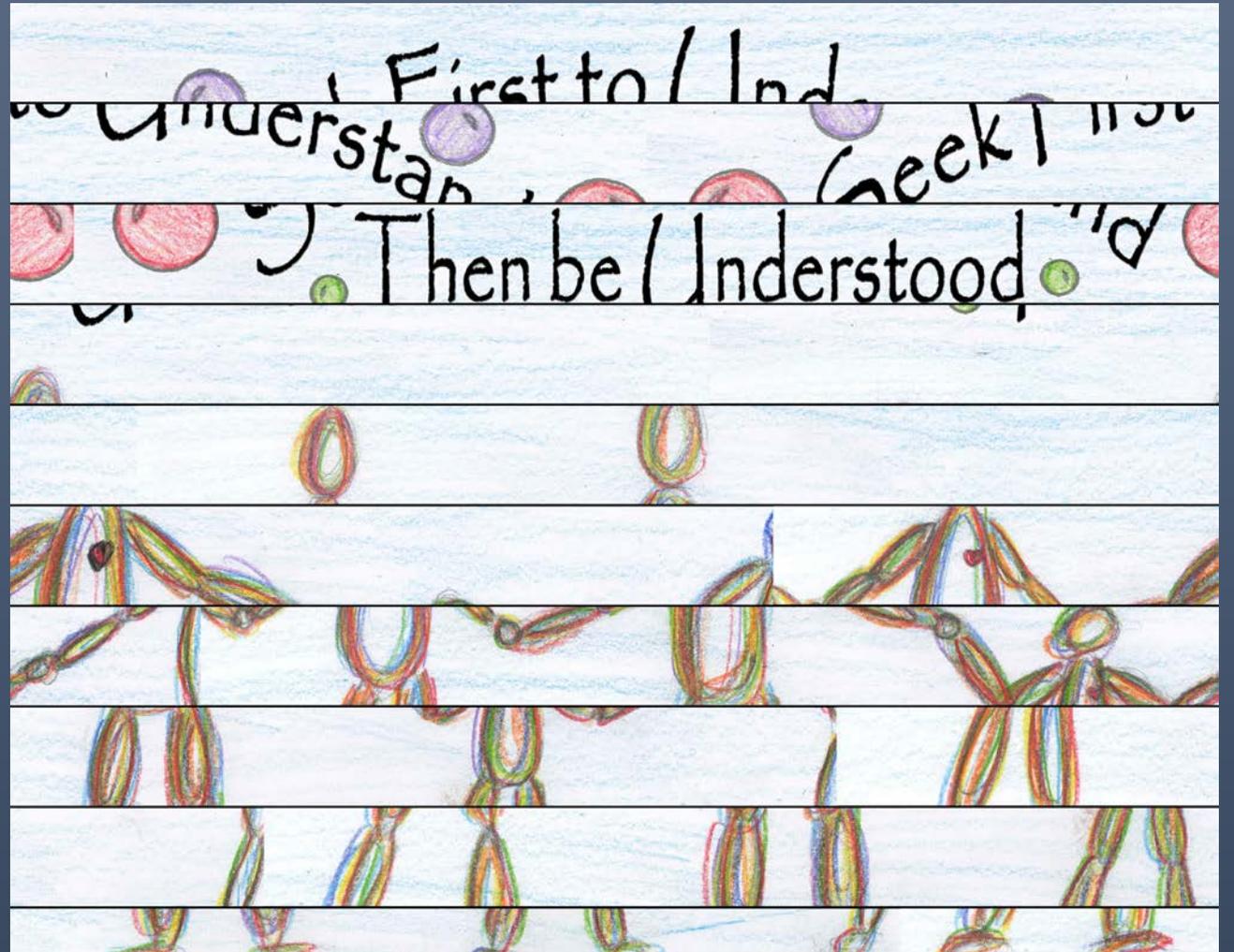
Leadership is communicating a person's worth and potential so clearly that they are inspired to see it in themselves.

—Dr. Stephen R. Covey

**Can we do this for our own children?
Watch and see....it is working and it is worth it!**



Habit 5 Any Questions?



Closing Remarks~
Annette Hubick from Parent
Council!

Contest Entries Due:
Friday, May 2nd!

Thank you for joining us 😊

