# Lakeland Ridge School

# Junior High Options

# Grade 7

Dear Parents/Guardians:

We are currently in the planning mode for junior high option classes for the 2017-2018 school year. Our junior high students automatically receive classes in:

* Language Arts
* Math
* Science
* Social Studies
* Physical Education
* Health
* CTF (Construction, Fashion and Foods, and App Savvy)

In Grade 7, students will take part in 4 option courses throughout the year. Please see the course descriptions below for more information on each course.

**COURSE DESCRIPTIONS**

## ART

**$13 Supply Fee**

Students will have the opportunity to learn about art through various mediums.  In Grade 7 student’s projects may include using tempera and watercolor paint, pastels, clay and plaster gauze. Students will learn about art from around the world and gain the basic subject vocabulary.

## BAND

**$13 Supply Fee**

**$17 Field Trip Fee**

Designed for beginners, band students will learn to play an instrument in a band setting, while continuing to develop musical skills and knowledge through performance. Regular field trips include opportunities to perform at concerts and special events, an optional band camp, and attending an Edmonton Symphony Orchestra concert.

## DRAMA

**$5 Supply Fee**

**$20 Field Trip Fee**

The drama program fosters a positive self-concept in students by encouraging them to explore life and express themselves. Students will participate in a variety of speaking and non-speaking roles. They will continue working on short plays and small group activities geared toward skill development. A final performance is an important part of the course.

## FRENCH AS A SECOND LANGUAGE

**No Fee**

This class challenges students to learn a second language in a fun and innovative way! Students will study the following subject areas: School, Weather and Friends and Family.  Some activities students will participate in are: writing a children’s books, putting on a weather forecast and creating a family tree.  Students will be required to participate in oral classroom activities and complete written assignments.

## LEADERSHIP

**$250 Leadership Conference and Trip Fee - Optional**

Students will learn skills to develop and enhance their leadership capacity. Students will be required to commit to adopting a leadership role within the school and community. This will include team leader responsibilities in areas such as student interest groups, liaising with staff on school matters and governance, event/activity planning and implementation, humanitarian involvement, promotions, mentoring, school spirit, team retreats, etc.

## LEARNING STRATEGIES

**No Fee**

In this course, students will learn about organization, study strategies, coping with deadlines, and how to best ensure that they will be successful in their school subjects. Through fun activities and regular organization/study blocks, this course helps students to take control of their learning in junior high.

## OUTDOOR EDUCATION

**$23 Field Trip Fee**

**$90 Overnight Camping Trip - Optional**

This course consists of three components, environment (living things & ecological processes), outdoor (basic knowledge, skills & attitudes for safe, comfortable, outdoor experiences) and personal/team development (understanding, respect, and appreciation for self & others). The course will include field trips, indoor and outdoor activities, as well as classroom projects. An optional overnight camping trip is also an important part of the course.

## PERFORMING ARTS

**$5 Supply Fee**

**$10 Field Trip Fee**

Calling all actors, set designers, builders, painters and videographers.  We are looking for students who want to be involved in one or more of those elements for our school’s production at Festival Place.  This class gives a firsthand look at all elements involved in putting on a large scale theatre production. Whether you love acting, directing or set construction/painting, this class allows you to focus on that passion and play a key role in next year’s big show.

Extra-Curricular Opportunity:

Aside from performing arts class, all junior high students will have the opportunity to be involved in our musical production of Shrek. Student who sign up for this extra-curricular will be rehearsing or working on technical theatre elements on Monday’s after school from September until January, working on acting skills, choreography, set design, set construction, costume design and costume creation. 5-6 Saturday rehearsals from September to December are scheduled as well. There will be 3 dress rehearsals in January as we prepare for our show week, which is at Festival Place January 22-26th, 2018.

In addition, we provide after school study sessions to help students with homework prior to the show.

Busy with hockey, volleyball, dance etc. and can’t make all after school practices? No problem! Our program is designed to support and encourage students to be involved in all different activities. We will work with you both inside and outside of class time to catch you up and can craft a role for you that you’re most comfortable with.

**$125 Extra-Curricular Fee**

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| **Includes:*** Costumes
* Choreographers
* Vocal Coaches
* Makeup
* Bussing from Festival Place For Matinee’s
* Post Show Cast Party
* Photos from all 3 casts
* USB Copy of all 3 performances
* T-Shirt
* Drama Awards
 | **Does not Include:*** Base costume Items (Plain black shoes, plain black pants, leggings etc.)
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## RECREATIONAL FITNESS

**$15 Supply Fee**

**$30 Field Trip Fee**

This course is open to students who have previously demonstrated a positive attitude and genuine interest in PE. Course content includes fitness and training principles, sports safety, and an appreciation for sports leisure activities. It will encourage a healthy attitude combined with fair play and sportsmanship in recreational activities. Students will participate in a wide variety of sports and fitness activities, both on and off site. Please note that swimming is a required element of this course. Students who cannot swim will be given basic skill instruction in order to participate.

## SPORTS ACCELERATION

**$15 Supply Fee**

The goal of the course is to allow students to gain an understanding of sports training, anatomy, and physiology as well as have practice time for team sports. They will be instructed in and practice proper training in every discipline of sporting mastery. Students will gain greater knowledge of nutrition, anaerobic and aerobic training, as well as technical sport practice so they may implement personal training for their chosen team sport.